## PHRYLL Universal Energy wit CORON

**Elena:** In my studies in archaeology, I learned that Ankh meant "eternal life" or "life force". This is Phryll. The universal life force that is present everywhere, that we can harvest and use to power devices. It is also called Qi, Prana, Phryll. Phryll is the way the Galactic people call it. Often I'm asked if this is the same thing as the Vril Society in Germany. Yes, it is, but as you know, you can use the Force for dark or for light purpose. The Star Wars fan know this, the dark side and the light side. It's called Vril because it is pronounced by galactics F - Phryll, and commonly in German language the words starting by the letter V are pronounced F. So the Germans weren't pronouncing it Vril but Fril, that' is something to know.

You are used to hearing about people channeling extraterrestrials, and it became like a common thing. Can you just wait a moment and step back and realize that something very special is going to happen? A connection with a person born on another planet. This is a privilege, this is very special, deep respect and gratitude to those who take off their precious time to connect, to answer questions, so think that this is a gift.

Elena: Coron, tell us about the Vril, please.

**Coron:** I am happy to see you. It is pleasant to speak and to share. I come in peace with an open heart. I come in light and in love. I will tell you about the Phryll. Phryll is very ancient. It was never created and it will never cease to exist, because time has no limits and no shape. It is spherical, present everywhere, omnipresent. Time is a whole, encompassing everything. Time is future and past merged together as one.

Phryll is the child of time, child of the creator, the breath of Imana. Phryll is in your bodies and in your souls. It powers your energy centers. Phryll composes everything that is alive. You can connect to its reality and use it to expand your mind and your field of action. Phryll is the gift in the box you need to open. It is in you. If you are alive, if you think, it is because of Phryll. Phryll is life, Phryll is alive, Phryll is sentient. Everything in this universe is made of Phryll.

Phryll is in the void. Phryll can be gathered and used to power our technologies. We taught this to you a long time ago. We came many times, and many times in the past we were at war with those who chased us. We used Phryll on your planet to power our colonies. The pyramid generators sleeping under the sea of the Atlantic are deactivated. We had open portals with these dimensional generators on your planet. Wars ensued and we were cast away. We destroyed the generators, but the souls of the crystals have remained under the sea, present in the consciousness of Terra.

You are Phryll. You are generators to power your own devices, your bodies. You are able to concentrate with the focus of your will, the energy present all around you. When you close your eyes you see better. Stay still without and within. Be the stillness itself. Be the lake glistening under the sunlight in the peace and the silence of nature. You say this: I ammmm the vibration of sound ripples on the water. You extend your consciousness to the other shores! Phryll glistens on the ripples in the water. I ammmmmm, I ammm. All around you is gold, glistening, not only on the water but on the ripples of energy all around you. In every direction of space, in every direction of the universe. You are interdimensional. You emit Phryll from the core of your being. You are sending rays of light in every direction of space, in every dimension of the universe.

Phryll is harvested by resonance with Imana. You become creator at your turn from Imana through the center of the galaxy, through the center of your star. You, standing on your planet receive Phryll and send it out. Empower the planet. Send out ripples of Phryll, spherically, all around you, bursts of energy, pulses like a beating heart. Pulsing planet, beautiful entrancing dance within, with yourself.

Males dance with their female counterparts, females dance with their male counterparts, within. Coil, dance around the spine of light composing your being; your skeleton of light. You and your companion, dance! Coil, reach out way above and way below! You activate the crystalline being who was sleeping within you, the child of light: you. The child of light awakens and shines upon the world. You are Phryll. When you open the eyes of this avatar, you have Phryll. You control Phryll by the power of your mind and the consciousness of your soul.

You remember, some of you have lived in the colony of Atlaa under the ocean. There was a time when Atlaa was a magnificent outpost. You have seen and used these generators. Some of you activate and remember, and remembering is reconnecting. Feel the golden aura around you. This is Phryll, Feel the consciousness in all life around you, this is Phryll. Harvest it in your body by the power of your consciousness and use it to send Phryll. To heal, to awaken, to unlock, to activate. You are in control. You always were. You just need to believe! I amm....

**Elena:** When you said, I ammmm, it's like OMmmm. It's a Creator sound. That's amazing. I love tha! Coron, please talk to me about angels.

**Coron:** Angels are supraconsciousnesses alloted to some locations, planets, star systems, galaxies, universes. They are beings of higher frequency. They start as all being from the lowest levels and as the hierarchy grows, they become pure consciousness. They have no physical form.

**Elena:** What is the fast way to connect to Source after being attacked by agents of the Dark? How do you think we can use Phryll to do it?

**Coron:** Phryll can be used for protection. It can be used in both ways: to create or to destroy, to give life and to take life. Do not ever take life with Phryll, you will become regressive in your evolution. You can protect yourself by creating a shield with Phryll. You create a light ship with Phryll. You call it light, but this is more than this, this is Phryll. You can create Phryll to protect yourself with a geometrical shape, sphere, those you call merkaba. I have two pyramids as a shield. You can use a shield to throw at your enemies as energy beams, but this is very destructive and can harm you if you do not master this process. The best you can do is to protect yourself by building a shield around you and then heal inside. The shield of Phryll will slowly dissolve anything of lower frequency within it. Creating a shield of Phryll of light as you say elevates the frequency of what is within it. Cleansing is necessary after an attack.

Elena:What is the percentage of light and dark energies on Earth at the moment?

**Coron:** The light is more prominent. The dark is fighting back to take over. That is how you call it, dark and light, but it is regressive and creative. The light is in a greater percentage at the moment. It doesn't seem so to you, but it is. You see the chaos and the confusion. This is the veil of illusion that they put upon your eyes, but what is behind this veil is only light. You just need to believe.

**Elena:** That's so powerful. I feel shivers in my heart when you say this; you just need to believe. Your words carry a powerful energy, a way of energy-feeling and there's a lot of light in it, visions and colors. This is the multidimensional language that sends emotions, visions, meaning and sound. "You just need to believe..."

**Coron:** Primordial Source is the mother and the father, the one at the creation of everything, the power born from its own consciousness that never started to exist and will never stop to exist because it is One in all dimensions of time. Time is a concept that is necessary to understand. When it comes to Source, Imana is the name our cultures employ to name the Creator Source. Do not think in a linear way. You want to know if Source was before the created universes. It wasn't before. It is behind, at its center, hidden and in plain sight, nowhere and everywhere at the same time. There is no before, there is no after, there is just be. That is when the Creator Source is located.

Elena: What can I do to wake people up on this planet?

**Coron:** Awaken yourself first, and then you will know how to spread the wave of energy by the speech, by your voice and your actions to other human beings of Terra. If you awaken yourself first then you know how to awaken the others, and you have respect for the pace of their path.

Elena: What would you advise us to do practically every day?

**Coron:** You turn inwards, you stand in the stillness of your being and the stillness of the universe. You connect to Source and you open your eyes, and you perform the actions you had planned but with the connection to Source active until the moment you will go back to your night for sleep. All your day be connected consciously, actively to Source, and each of your actions will have a tremendous incidence on the web of this reality. Choose wisely which actions you are going to accomplish.

**Elena:** Do the children in your planet go to school and if so, what do they learn, and how many years do they go?

**Coron:** We do not go to school. We are infused with knowledge. Not as you think; by energy waves. We are sat in learning devices, and we receive sound waves through our mind. It gives us knowledge by activating certain areas in our brain. We live in a very different world as your world. Knowledge is like something you drink. You imbue yourself with. We choose what we want to learn about, and we connect to it by sitting in this device, and it is infused into our consciousness by waves of sound who carry knowledge and data. We can learn all our lives. The children learn from the greater knowledge of the universe until they reach the age where they can choose specifications. Specific languages, specific technologies, and they go to these devices. It is very short. It doesn't last long because it is imbued in your consciousness in about a few days.

**Elena:** About the transition on Terra, what can we hope to see or experience in our time now? What change can we hope to see?

**Coron:** This is up to you. You create your timeline. This timeline is stable. There will be peace in your world once this war is won. The Galactic Federation of Worlds is working on this. The Federation of Terra will be born very soon. You will be at peace. A world driven by reason. Still you will experience conflicts, but the conflicts will ease as you grow up as a planetary civilization. These are the changes that are to come.

Elena: How do you meditate and how many times daily?

**Coron:** You can meditate as many times as you can, not too much to stay grounded on this planet in this existence. One is enough to make the change. Two or three times a day is good. Stand up or sit down, but what is important is to allow your spine to be perpendicular to the surface of your planet. Do not lay down.

**Elena:** Working being perpendicular with the axis or the Earth, that your sacral area is connected to the Earth and the Crown chakra is connected to the sky. It's the tree of life, it's the alchemical tree, the codons of the DNA. What is your recommendation on astral travel please?

**Coron:** This is very dangerous if you don't know how to do it! So I tell you. Release the tensions of the mind, the stress, the fears, the worries. This blocks you and locks you. It is like an envelope of low frequency that will keep your being inside the avatar. If you get rid of this envelope you will be able to release your lightbeing from your avatar. Astral is decorporation keeping a link with the avatar. Severing this link is what you call dying. Be very cautious of where you go; always set your destination. Do not wander, do not experiment for pleasure; always for a quest and a serious matter. Even if you go to pleasurable places you need to be serious about the way you do it. Get rid of the pollution of the low frequencies. Protect yourself in what you call the light protection, merkaba sphere or other geometrical shapes. Merkaba is the best sphere that works. Total shield protection because when you leave the avatar, if you are weak you can be attacked and the avatar taken by a being waiting in the dark to prey on you, and you cannot go back into the avatar. You call it "walk in". The avatar must be protected before anything else. If you fear you attract predators, and you make a hole in your shield, you can have the strongest, thickest and the most powerful shield but if you fear, you make a hole in it. You open a window.

Once the shield is done, you separate your being from your body. You forget about the avatar, you forget about everything that composes the biology of this avatar. It becomes inexistent to your mind, and the only thing that exists is your being that lives inside. This being stands up and walks away, traveling to the destination. You will notice a little thread of light. It is the umbilical cord to your avatar. It is not infinitely stretchable. This is not resonance, this is travel, it uses distance. Do not go too far. When you feel unwell, come back. The string of light can break, and you call it death. You will never come back. Be helped and do this with the presence of your guides.

Elena: What is the function of the empaths in these times?

**Coron:** Empath is someone who is awakened, unlocked. You become empath naturally when you activate, when you reach a higher frequency. Empathic ability is a natural phenomenon. It is completely normal. Being empathic is your ability to connect with the cosmos, past and future, and the heart of every being, by the heart connection. This is an automatic process when you switch into a higher density of consciousness and of being. This is not an obstacle, it is a natural process. It is your power, it is the way you connect and communicate. Some people discover they have this gift, and they do not know how to use it. Make of it your power, connect the heart of everything. This is what empath is.

Be the light, be the force of Source, the voice of the universe. Be the spiral of time. Transcend everything that was and will be. You are royal in the eyes of Source. Do not worship anything other than your own power. You are the most precious creation of Source, as we all are, as beings putting into actions Her manifestation and desires. Remember this sacred sound by Immmmmmmm. This is the Creator word. Soon we will speak again, cousins from a long line family. Coron has spoken, Thank you for listening.