

Communications Log

Exchanges with Jen Han Eredyon

Dan:

I thought, just in case Jen Han was able to, or had permission to share some advanced knowledge about crystals, that maybe I should put together a few questions.

I don't have an expectation to have these all answered, but what a gift that would be to have further understanding from such an evolved being that truly understands the advanced sciences at its core!

I know I went a bit overboard with questions here, Jen Han can respond to those which he feels relevant and appropriate for us Terrans to understand.

So, If I was able to ask Jen Han questions about crystals, these are a few questions that come to mind...

Dan (Comment): Much gratitude to Elena, Jen Han and Thor Han for the following insights on crystal technology.

First communications from Jen Han Eredyon received via Elena on April 22, 2022

Regarding use of the Crystal

Dan (via Elena): If one forms a thought in their mind to project or resonate into a crystal, what is the connection between this communication of thought and breath? Is the exhalation of breath coupled with thought stronger when rapidly exhaling the breath in a pulse to resonate within the crystal?

(Dr Marcel Vogel discovered and measured this in his communicating with plants)

Jen Han: Breath carries memories and thoughts, it also carries the energy of a being, not only the encoding of its vehicle DNA but as well the encoding of the soul. When you project breath, you also project by superimposing, a parcel of the soul/being. Hence a fragment of one's consciousness. The energy force that is a living manifestation of Source is being impregnated inside the crystal but beware, the crystal must be empty. This means: no residual emotional imprint, parasiting or charge. The crystal must be pure and clear from any form of energy, or consciousness even. I wouldn't say that at this stage, the crystal is really "empty", because it carries its frequency imprint, but I mean empty from anything that is not the original frequency signature of the crystal. In order to perform this action: embedding a fractal of your consciousness in a dynamic projection, into the crystal, the receptacle must be pristine pure. There are methods of purification I can tell about, the best is to run the crystal through a sound scan. You need instruments that create a high frequency sound, or trained persons can clear a crystal with their own consciousness. These individuals have reached a clear state of mind.

Dan (Comment): This is so important about the breath, that it substantiates that the information is indeed encoded with the breath, and the importance of first clearing the crystal of previously imprinted information before use. The two methods Dr Vogel used to clear the crystal was first with the pulsed breath with the intention to clear. The other method was to use a magnetic bulk eraser, the type used to erase the old VHS video tapes which puts out a strong 60 Hz magnetic field to erase the magnetic domain alignments. The crystal must be cleared before use is very important.

Elena: Does a tuning fork 4096 Hz do the job?

Jen Han: Not enough. It will clear the energies but not the emotional imprints.

Elena: What do you call the emotional imprints and how to clear them?

Jen Han: I have a device that does that but I cannot show it to you, I am sorry.

Elena: I understand, it is OK. So anything else you can say about the breath? Its speed, rhythm?

Jen Han: short precise, surgical, powerful breaths are better than a long one. In a long one, the energy/intention gets absorbed by the Ether. In short quick breaths, the energy/intention keeps intact and doesn't lose intensity. I recommend short quick breaths, think about "precise surgical". Intention is like a needle: sharp and targeted very precisely to be able to penetrate matter.

Dan (Comment): This is exactly what Dr Vogel discovered and was able to measure this on a script chart recorder with plant communication. He studied Pranayama yogic breathing techniques and found exactly as Jen Han describes, that a short precise powerful breath had the greatest effect.

Dan (via Elena): The higher the dimensional frequency, it appears to have a greater connection to the common fundamental core of the collective mind of all minds of humanity share on planet Terra. Since the crystal may act as a bridge to couple the energies of mind, would it be a true statement that, a thought or visualization, aligned with the love of your heart, projected into the crystal by pulsing the breath with positive intention, acts to collectively affect in a benevolent way, the collective minds of many on Terra, to help assist in co-creatively manifesting that thought or visualization? *(the opposite of a black magic spell)*

Jen Han: There are several elements to be answered in this question. Firstly, a quartz crystal, or any mineral is in resonance with the planetary matrix it is born from. When you bring your frequency-thought on the same resonance as the crystal, or any type of mineral, you attune also to its planetary matrix.

Dan (Comment): So the crystals produced on Terra, like the DNA in our physical bodies made of this planet, are in resonance with Terra's planetary matrix and therefore would effectively transfer the energies of mind to the collective mind of our planetary matrix. So the Martians will be only effective resonating with their planetary matrix of Mars etc.

Elena: Stop! How to do that? How to attune to the frequency of the mineral and how do you know you're on it, and how does it work?

Jen Han: It works by mineral resonance. Your blood. It is easier when you are in a body envelop that is from same planetary matrix you desire to work upon. Otherwise you need to do an effort or require technology. But in the case of your friend, and yourself, you can do this easily because your envelops are from the same planetary matrix as the crystals you have available to work with. You take the mineral/ crystal in your two hands. It creates a current. Best is to have one in each hand but it works also with your two hands on one single crystal. Your hands must not touch. The current will work naturally. It is even better if you are in direct connection with the soil of the planetary matrix. You

intend to make one with the planetary matrix. The crystal is the connector if you will. Quartz is best. Always works. Quartz is found throughout the whole universe. It is a fundamental component. You know you are in resonance when you feel it. It's like a shiver in your whole body, from your heart center. You may even hear the crystal singing the frequency of the planetary matrix.

Dan (Comment): Yes, you don't want to short your polarity charge out by touching your hands or feet together. Electrically connecting to the earth (Terra) is an important concept to conduct these energies into the earth. Especially if you can find a nodal point on the Terra earth grid.

In doing an online visualization exercise with a crystal in front of a computer screen might be enhanced using a ground wire connection from an electrical outlet that you have electrical connection with to conduit your body energies into the earth. I personally have this at my computer station so that I stay grounded and will have to try that next time!

Elena: Planetary matrix, is it the same as planet?

Jen Han: Yes, that is how I call it. Planetary matrix is more accurate.

Elena: So I can say: Oh I am going to the planetary matrix Mars?

Jen Han: (laughs) No! You say Planet Mars.

Elena: You lost me.

Jen Han: "Planetary matrix" is a term used when we mention the conscious, living organic aspect of a planet. "Planet" is a term used only for the location.

Dan (via Elena): Any suggestions or techniques to optimize the use of a crystal in the amplification of co-creatively transforming Terra for the most benevolent outcome for all beings? Also for individual healing of self or others?

Jen Han: This will also answer the previous question: Love. The frequency of love is the connecting pulse between all living things in the universe. Even through dimensional planes. Love is the universal bridge. It can bridge anything, I mean a-ny-thing, love is the tool. So when you intend love into a crystal, you activate its transcending capacity. When on the top of this action you embed a target by visualization, it bridges you to it easily. Love is a secure channel, because of the high frequency. It prevents dissonance. The target can be: a visualization inside the crystal of a place or a person, you can also embed a story by moving images or/and vocalization of the story, and you can either, also, embed just a sound: the name of a person or of a place. The more you superimpose layers, the better it is going to work. Repeat for the geometrical resonance. It will force the pattern into the holographic matrix.

Dan (Comment): This is very much what an ET being shared with me in 1977 regarding love as the vehicle connecting the multiple densities or frequency geometries in our evolution. This is also why Dr Vogel stressed the importance of love when working with the crystals. For the purpose of ether group or individual visualization exercises in order to seed a positive timeline into the holographic planetary matrix, it is the love in our heart that we have for our fellow humans and our beautiful planet Terra that allows that reality to transcend through the dimensional planes and into manifestation.

Although the second part of my question regarding techniques using the crystal for healing self or

others wasn't addressed directly, the same no doubt would apply in healing ourselves or someone else as we resonate with the individual holographic matrix in healing. Love heals.

Elena: Thank you! Here is another question:

Dan (via Elena): Regarding the Crystal Geometry. Do the energies of mind have a geometric quality?

Jen Han: Of course! Everything in the created universe is constructed on a geometrical holographic structure. "The energies of mind": I like that it is worded as such, because there is a difference between this and the electrical brainwaves. The energies of the mind are fractals of consciousness "solidified", in a way, or shall I say, that have taken form as a geometrical manifestation. A thought creates an electrical projection. An energy-thought reshapes the holographic geometrical formula of reality. It rearranges the micro-connections linking the fractal elements. Thought can reshape the holographic grid of reality because thoughts are complex geometrical patterns. The crystal will bridge the new pattern to the existing ones, and if the impulse is strong enough, the new pattern will force themselves onto the old and the old will morph into the new.

Dan (Comment): So perfectly described! And so it shall be, that with the power of love, the old will morph into the new.

Dan (via Elena): Is this the common fundamental geometrical resonance that allows for telepathy between all species of beings as a universal language? Is this similar to a geometrical resonance within our DNA?

Jen Han: Great question! That is the best part in planetary engineering! Creating the morphic grid!

Elena: The morphic grid?...

Jen Han: Listen, right: imagine a mycelium veil wrapping around a planet, it interconnects everything because it carries information, constantly, simultaneously and towards all points on the web. Well, a morphic grid is a medium that does exactly the same thing. It is sentient, but not as you can comprehend it. It is conscious should I say. When you plug into it, you are in connection with every living thing on the planetary matrix, simultaneously. It is a non-organic consciousness constructed with frequency patterns in the shape of repetitive fractal geometry. There is one single mathematical formula for the whole of it.

Dan (Comment): This planetary web matrix is what each mind is a fractal of and each fractal mind acts as a conduit to affect the larger collective mind of the planet which it is a fractal of. Similar I imagine, as in a hologram, if any fractal part of the hologram changes, that change is reflected in every part of the hologram. Being that the planetary morphic grid has a collective mind and that it has a holographic nature.

Elena: And when you are in space?

Jen Han: You can connect with all living beings of a planetary matrix only when you are in it. It still works when you are in space if the body you inhabit belongs to this planetary matrix. Then, wherever you are in the universe, even on other dimensional planes, you can attune to the morphic grid of the planetary matrix that is in resonance with your body. If I come to my brother's ship, here on orbit of your planet, I will still be able to attune to Erra, my planetary matrix. It is quantum resonance as you

name it on Terra. Because of my DNA, you understand? The geometrical encoding of the blood I carry. It is a frequency match to the planetary morphic grid of my world. So the connection is never lost. Yes, it can also be called a geometrical resonance.

Dan (Comment): Geometrical resonance appears to be the universal language of the universe.

Dan (via Elena): Is what we term "Love" the fundamental structure of this geometrical matrix at its core in the higher dimensions?

Jen Han: It is more complex than this, but on the core principle yes.

Elena: Can you develop please?

Jen Han: Love is not only a frequency. Your people will learn that frequency is a holographic geometry. There are three types of holographic geometry: atomic, energetic and photonic. These three arrangements create each, in their domain, a hologrammatic structure. All three generate a specific frequency that will resonate either through matter, energy or light. The reverse process is also active: when you generate a frequency, it creates a geometric pattern that imprints the ether. The geometrical frequency patterns that you just created alter -or create- a holographic structure of matter, energy or light. Now you need a bridge from ether to matter, energy or light, and can be technology or crystals. Crystals exist in different densities at the same time. They are natural bridges.

Dan (Comment): Bridging the etheric energies emanated from mind into the manifestation of matter through the use of a crystal as a bridge is an important concept.

Dan (via Elena): It would appear that negative thoughts of evil do not have the resonance to pass through the higher dimensions, as their geometries are a distortion and do not align with the fundamental of the matrix. *(could be the reason why some crystals shatter when misused)*

Jen Han: Dissonance cannot attune with an ordered state of geometrical resonance.

Dan (Comment): This may also explain the formations captured at the moment of freezing in water (Dr Emoto's work) of the energies of love, gratitude, etc. are able to form in the hexagonal/tetrahedral matrix of water, whereas dissonant energies are unable to.

Dan (via Elena): Is this why the similar tetrahedral/hexagon geometry of water responds in structuring in alignment with thoughts of love?

Jen Han: Water... it is worth a great speech. Water is one of the fundamental elements of the universe. It is found in a natural state in the cosmos, as ice. We call it star water. Water has a tetrahedral holographic structure. It is a very easy one to create, but the star water is the most wonderful because it is in pure, in perfect resonance with the universe and Source, because directly created by Source. Water, by its natural core structure, is a universal connecting medium. Love is of a more complex holographic structure, but from the same fractal core pattern -fractal formula- as water. Crystal is a derivative geometrical pattern from water and love, but built on the same core formula. This is why all interface naturally.

Dan (Comment): This same fundamental holographic core pattern from source which shares this fractal formula with both the elements of water and quartz crystal is what was validated in the

laboratory with Dr Vogel in that the structure of the geometry of the molecular angles of these elements are multiples or you could say are angular fractals of each other. Quartz is 52 degrees and water is 26 and 104.5 degrees (half and double 52 degrees)

Dan (via Elena): Since the higher dimensions are responsible for forming the lower dimensions, and not visa versa. The ability of the crystal to "amplify" thought appears to be based on its ability to couple to the higher dimensions and thus have an amplifying effect into the lower dimensions that physically manifest into the 3D world.

Jen Han: As I said earlier; a crystal is a bridge because it exists in all dimensions at a time.

Dan (Comment): Again, an important concept to bridge the dimensions with a crystal.

Dan (via Elena): The nature of crystals, especially clear quartz, being physically resonant on many dimensions simultaneously. Is this due to the tetrahedral geometry of its lattice structure being infinitely fractal and this tetrahedral lattice structure being a fundamental structure of the matrix?

Jen Han: The core holographic structure of quartz, the purest material in the universe, is as I said based on the same core fractal formula than water, and both are interdimensional bridges. Tetrahedral geometry is one of the main frequency keys used to build worlds and life-forms. Tetrahedral fractal geometry is the secret of the universe.

Dan (Comment): Indeed, as some researchers on Terra have discovered, that the entire periodic table of elements are based on a tetrahedral structure to form all of the elements in nature.

Dan (via Elena): In the quartz crystal hexagonal structure, the point of balance in the middle between the negative and positive triads (the polarity opposites) that create the crystals hexagonal form, is this center point the dimensional gate to all dimensions?



Jen Han: The answer is in the geometrical ratio. I need to ask if I can answer that, because this topic is part of the list of things not to mention. You know, the Prime Directive...

Elena: I know too well, Jen Han...

Jen Han: My brother says I can answer this. It will just be recorded and archived that I passed on to you this information.

Elena: You won't be in trouble?

Jen Han: No, I won't. Crystals have their own fractal geometry. If they are in their natural original shape they have it active naturally. If they are cut roughly they lose it, but if cut following the lattice structure they keep it, and can even be enhanced considerably that way. Thor Han tells me that you know what type of crystals correspond to what I say.

Elena: The Vogel cut crystals?

Thor Han: Yes.

Dan (Comment): The energy in the crystal vortexes along the C-axis which is the growth axis that forms the crystal to align with the apex or tip of the crystals structure. A properly cut Vogel crystal is formed so that both tips are in perfect alignment with this C-axis or growth axis. This is why Dr Vogel was given in a dream the image of the tree of life as a di-pyramidal form in order to more effectively cohere the energies of mind in a laser like manner. Greater coherence provides greater degree of clarity for manifestation. With one end being female at 52 degrees (the natural angle of quartz) and the other male or projecting end being more of an acute angle.

Regarding the central point between the countless fractal positive and negative charge triads within the crystal lattice structure that forms the overall hexagonal shape of the crystal being a dimensional gate.



Ancient occult writings have described the web as being hexagonal in form. Whereas the male and female balance of the two triads that make up the 6 points of the hexagonal pattern have a 7th point in the center which they attribute to “spirit” which emanates outwardly to create the 6 points. Pythagoras called the 6 pointed star with a dot in the center the “star of creation”. This is why I ask about the center of the charge triads being the dimensional gate which appears to vortex in the center.

Jen Han: Well: it works by finding the phase-conjugation node inside the crystal, by projecting inwards the geometrical shapes of the two opposite points, like a mirror. There, is the vortex singularity of the crystal. Focus your thought and energy just there, and you may project your consciousness to anywhere you wish in this universe, and the other universes. To other densities, other dimensions. Anything is accessible in space, dimension and time. This is great power, Elena. It is a very important information. I am honored to be allowed to share this with you.

Elena: Can my friend share it publicly?

(silence)

Jen Han: I am not taking this responsibility.

Thor Han: I have it confirmed that Dan can use this knowledge.

Dan (Comment): Thank you Thor Han, I believe I am grasping a basic, probably more intuitive, understanding that this phase-conjugation node in the center of the triads and is what we are both describing. I am honored that you are sharing this with me.

Now I can rule and enslave the universe to do my will with this knowledge!... just kidding

Elena: On his behalf and behalf of humanity: thank you. I have a last series of questions from my friend:

Dan (via Elena): When imprinting a thought or energy to be written into the crystal structure, is this where subtle energies are written or encoded?

Jen Han: Yes.

Dan (Comment): In the center of the vortex of the phase-conjugation node within the crystal lattice structure is where it is written I am assuming.

Dan (via Elena): The piezoelectric effect, which generates voltage when the charge triads are minutely physically displaced by pressure, appears to represent a means in which multi-dimensional holographic patterns can be stored and retrieved, along with its temporal components. Is this the storage mechanism for the med beds to reform our physical body?

Jen Han: There is a very precise, specific pressure that you can apply to quartz, that will activate the compression node and open the vortex. The energy produced can be tremendous. This kind of operation must be conducted knowledgeably and wisely. Crystals can store data just as water does, because constructed on the same fractal core formula, but crystals have way more capacities. Of course, they are the most elaborate state of matter. So elaborate that it naturally embeds consciousness. To answer this question: some med-beds technology use fractal holographic technology. Let me explain. The fractal core formula of the tissue to repair is recorded, and the perfect unaltered geometrical pattern is reconstructed and superimposed on the damaged pattern. The old pattern instinctively pairs and morphs into the new one, because the universe tends to perfection. It is a holographic fractal re-pairing. Sound frequency is used to “tie in” the new pattern to the old one. You remember how I explained earlier, that holographic structures are constructed or either altered by frequency?

Dan (Comment): This slight squeezing pressure on the crystal is what Dr Vogel discovered assisted in resonating with the DNA frequency signature of the person using the crystal. So as to become one with the crystal. He found that rotating it in his hand while rubbing with a slight pressure assisted this resonance coupling to the individual.

Apparently the crystal has the ability to store the fractal holographic pattern of an individual including the temporal elements. In other words within the fractal holographic pattern you have the ability to tune through time of that holographic pattern going back to the moment of conception of the physical being you have recorded and stored as a holographic pattern within the crystal? As Alex Collier described.

Dan (via Elena): What is the relationship between the 52 degree angle that is shared by both the Great Pyramid and quartz crystals?

Jen Han: This is a ratio that acts as a transponder. It is dynamic geometry. Some shapes, just because of their proportions, naturally affect the holographic structure of the matrix. We use this specific pyramidal ratio to build our Phryll generators. Because the geometrical structure of the central crystal, in a generator, will interface with the pyramidal ratio of the building or the machine harvesting its energy.

Dan (Comment): 52 degree angle of the Great Pyramid on Terra is directly related to Phi or the 1.618 ratio which is expressed throughout nature and resonates fractally into infinity, so this makes sense in regards to the Pyramid and quartz crystal having this specific angle to transpond to this matrix.

Elena: How does a central crystal, in your generators, produce Phryll? Because the pyramidal structure with an angle of 52 degree is a harvester, right?

Jen Han: Not only harvester: transponder as well. The central crystal generates energy because the vortex if open.

Elena: Ah....

Jen Han: Anticipating your next question: it is activated by sound. Well to be more precise: by a frequency key shot at its compression node.

Elena: Jen Han thank you... I am sure my friend Dan will appreciate. Can we do that again ?

Jen Han: Yes! My pleasure to be part of your little stories on Terra! Salute your friend Dan for me.

Dan (Comment): Thank you so much Jen Han for your insights into crystal technology relayed through my dear friend Elena! We shall use this knowledge in the interest of empowering the beings of Terra in the use of a crystal to resonate with love and the intention to manifest a positive timeline for our beloved planet for all beings.

New Session with Jen Han:

First of all, Elena and I are very grateful and wish to thank you for assisting us in understanding this crystal technology in order to empower the beings of Terra to assist in effectively co-creating a positive timeline for our planet.

Jen Han: I have something to say to this, first of all thank you Dan for performing this global training for humans of Terra, and to guide them towards their own personal power. I didn't know things were that concerning on your planet. I never truly wanted to interest myself into the events that are going on on your planet, and also, my brother was keeping me safe, away from this great battlefield. Did you know that I wanted to become a pilot and my brother forbade me to. I believe he wanted to preserve me from potential danger because he loves me. I watched the recorded training sequence with the crystals, that you did with Elena, and I liked it. My words were well and clearly transcribed. Also the information I gave you. Yes, I can say that I am happy with your production.

I didn't know how bad the situation was on your planet, Dan. I am glad that now, everything is taking the right turn and the good people of Terra made agreements with our Federation. One day I hope you will come and visit me in Manahu (the Pleiades).

We may start your questions.

1) If you have watched the video Elena and I made titled “Creating a positive timeline in the planetary matrix using a crystal”, the procedure we did with Elena’s viewers

A) Do you think it was effective?

B) How can we improve the effectiveness?

C) Are the Vogel cut crystals significantly more powerful than a natural single quartz crystal points for doing this work?

Jen Han: I know it was effective, because the wording and the knowledge were right, so the impact on the planetary morphic grid was effective. You can improve the effectiveness by preparing the people longer beforehand. It is good if they are in Gamma brainwaves before starting the work. Gamma brainwaves open the vortices in the person's mind and anything becomes possible. I know you do not have the technology but try find a way, maybe by meditation as you call it.

ELENA: Wait, I can create Gamma binaural frequencies with a set of tuning forks I have, would that work?

Jen Han: is that directly projecting these sound waves into the brain of the auditors?

ELENA: yes I can do that, coupled with meditation. Any other tips to improve the effectiveness?

Jen Han: tips?

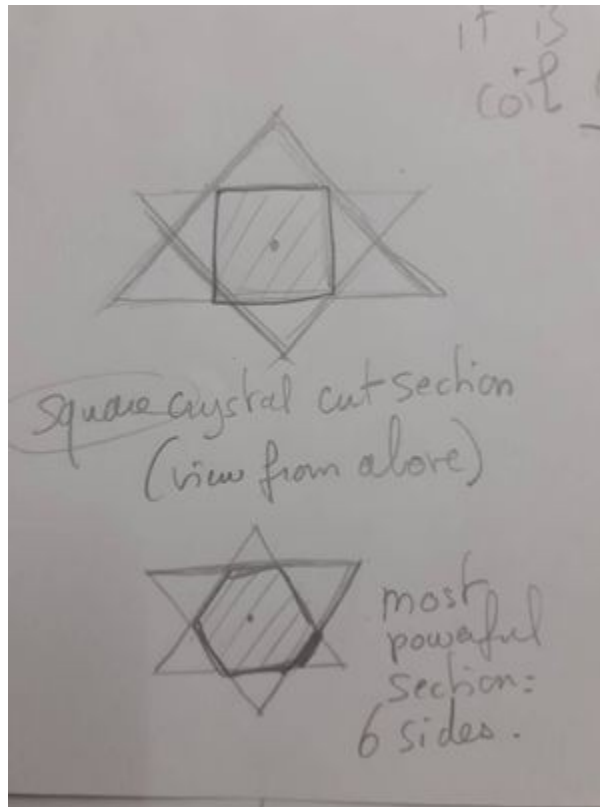
ELENA: recommendations

Jen Han: deep inner state of awareness is required if you wish to improve the work.

ELENA: so please what can you say about question 1-C): Are the Vogel cut crystals significantly more powerful than a natural single quartz crystal points for doing this work?

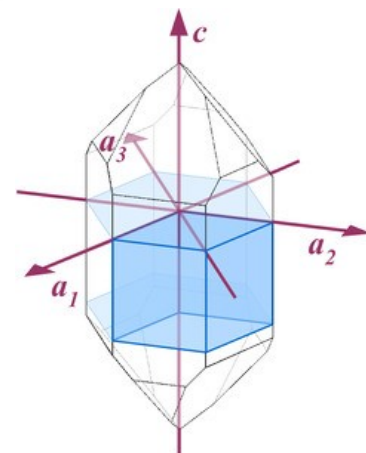
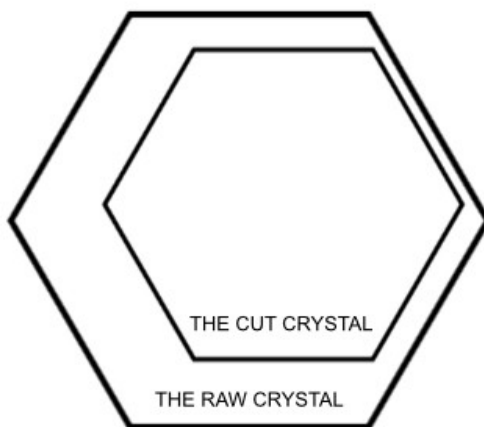
Jen Han: Oh yes they are, if it is cut rightly. In perfect alignment with the grid of the lattice.

2) In a previous communication Elena drew the following...



We have interpreted this to mean it is “most powerful” to cut the crystal so that the 6 natural sides or axis of the lattice of a quartz crystal are cut as a Vogel crystal to match as in this illustration

The angles of the 6 natural facets of the raw crystal material need to match exactly the 6 facets of the 6 sided crystal that it will be cut from.

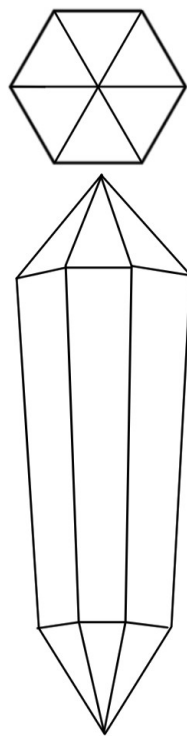


Jen Han: yes this is correct

By cutting the Vogel crystal with 6 sides in this manner, when physical pressure is applied it would be the optimal natural angles of the lattice structure that would be exactly perpendicular to the structure of the lattice, and therefore would yield the greatest piezoelectric output in voltage.

Jen Han: That is correct

The 6 sided Vogel cut crystal would be formed in this manner with 52 degrees on one end and approximately +/- 60 degrees on the other



Jen Han: it must be 60 exactly. The receiver end is 52 degrees angle because it is a geometrical shape that harvests energy and electricity. It keeps it until it is released by two means: naturally with a long period of time, or with a simple basic technology that transforms the receiver into a generator.

ELENA: I feel there is a lot to unpack there can you develop please?

Jen Han: It is simple. When you want to create energy you need two things: basic physical elements and a formula. The formula is the guiding way you will arrange the elements together to create technology. For a technology that will produce energy

supply, basic elements include a perfect crystal, and a 52 degree angle container. If the crystal is cut following the lattice angles has a 52 degrees point, it will harvest Phryll. It does it naturally but relatively faintly. The 52 is the harvester. 60 or 65 is the sender. What was your question?

ELENA: I was just mentioning the angles, thank you. We're going to have a lot of questions just with this answer you just gave...but let us see first these following questions from Dan:

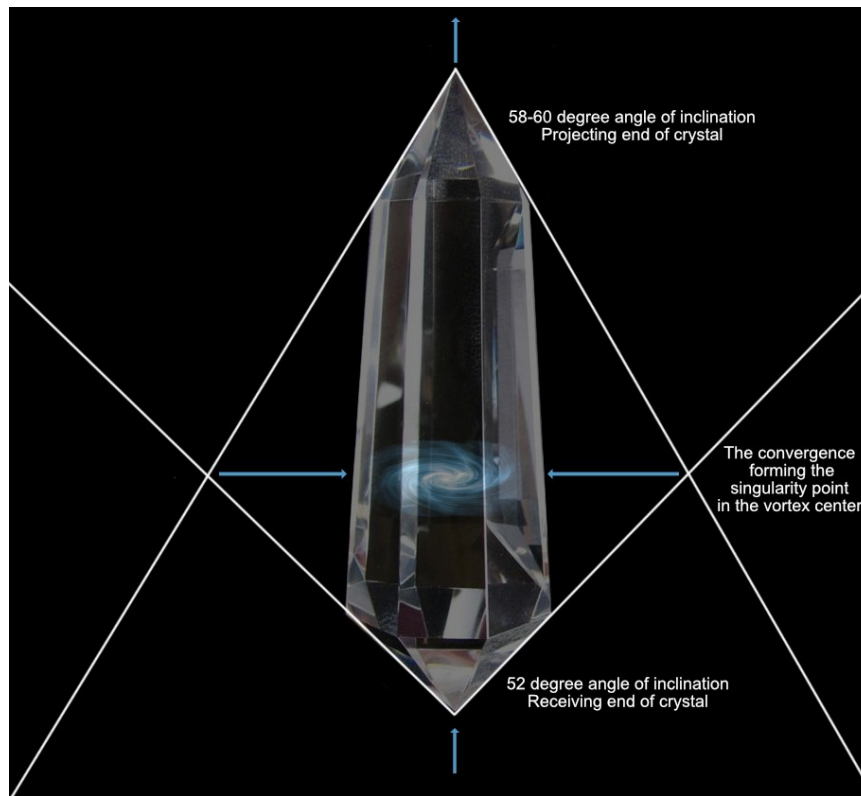
Reference Jen Han previously stated:

“It is not male and female as biological terms but active and receptive. The two dynamics twirling in opposite directions create a phase conjugated tension that creates singularity in the hologram. A convergence of infinite power.

The singularity is in the vortical center, not metric center. The two triads are not equidistant from the singularity nor symmetric either; because their ratio, and their distance from the epicenter, are determined by the different angles of inclination of the two points. It is not a physical node but an infinite singularity, which is different.

It works by finding the phase-conjugation node inside the crystal, by projecting inwards the geometrical shapes of the two opposite points, like a mirror. There, is the vortex singularity of the crystal. Focus your thought and energy just there, and you may project your consciousness to anywhere you wish in this universe, and the other universes. To other densities, other dimensions. Anything is accessible in space, dimension and time. This is great power, Elena. It is a very important information. I am honored to be allowed to share this with you.”

Elena received the following image of your description of the vortical center within the crystal... Is this correct?



Jen Han: yes that is correct. It doesn't create a galaxy, although it can. Do you understand?

E: Is that humor?

J: Yes. I was judging your picture but I want to seriously say that this science is used to create worlds.

E: I wanted to represent a vortex. Is that right? Is that where we need to apply the pressure, either sides of this precise point?

Jen Han: That is correct. The shape is correct. This is what you call Merkaba.

E: Yes!

Jen Han: this is like a machine that can create anything, this is great power.

Reference Jen Han previously stated:

“There is a very precise, specific pressure that you can apply to quartz, that will activate the compression node and open the vortex. The energy produced can be tremendous. This kind of operation must be conducted knowledgeably and wisely.”

Could you please clarify in greater terms exactly how to apply this pressure as you said “There is a very precise, specific pressure that you can apply to quartz” ?

Jen Han: Sure. This is a sharp, pulsated, repetitive pressure. 20 pulse per second with metallic technology. Faster will work as well but the harmonic frequency with quartz is 20 pulses per second.

E: can't do that with my fingers...

Jen Han: with fingers, pulse in synchronicity with your breath. The soul activates the vortex in the crystal by projection with the breath.

E: Can you develop the “metallic technology” please?

Jen Han: Crystal reacts with close-to-pure conductive metals. They ring the lattice.

E: They ring the lattice?

Jen Han: they stimulate the electrons in the atoms in the crystal, until it changes the charge. At each pulse, the charge will inverse. Under a continuous alternate pulse, the crystal will generate Phryll energy.

E: Where... how... where does this Phryll come from? Does the crystal create it from the ether?

Jen Han: no, it comes from the singularity, that has opened. Crystal you name Quartz is in synchronized frequency with Source. So when you stimulate the singularity, you bridge to Source and you can draw energy from it. But be careful, you need not to perform this for too much a long time. It depends on the size of the crystal. There is a time/mass ratio that corresponds to the saturation point. Because there is a saturation point. After this point is passed, the crystal implodes. It becomes Light and transcends matter and density. It can be very harmful at this stage. So this is why we harvest Phryll and generate energy supply by sequences.

E: How can we know we reach the ratio point?

Jen Han: The crystal begins to sing.

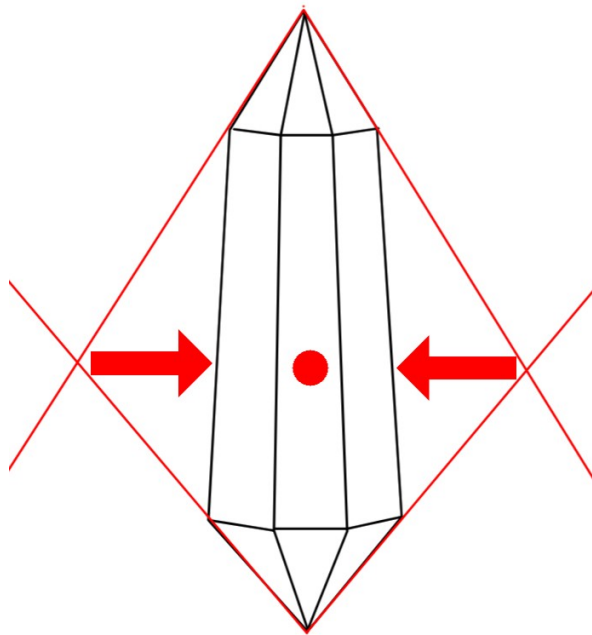
E: sing?

Jen Han: You hear a faint whistle, that becomes louder. You need to stop there.

How much of a physical squeeze is required?

Jen Han: do not break the crystal but compress it enough that the charge of the mass is relocated towards the center. You do not need to force too much. What works is a repetitive action: a pulse.

Is this pressure using our hand fingers to squeeze the area of the crystal that is near this vortical center indicated by the red dot?



Jen Han: yes correct.

Reference Jen Han stated:

The pressure must be performed perpendicularly to the structure of the lattice.

The singularity is where is encoded information in the crystal.

This is what you want to compress for piezoelectric effect.

Two applications:

Do you remember, it is like breath: no slow long pressure, but a series of sharp, strong pulses. If you apply constant long pressure, it will accumulate charge and become a generator. If you apply sharp quick pressures, it will stimulate the singularity and pierce through the hologram, you can then use the crystal as a tool to modify the hologram.

You will “feel” the appropriate rhythm of pulsation.

You can also feel it with your mind, where the power center is. Your being recognizes it.

It pulses faster than light, your body and being recognize this. They feel it.”

Regarding breath and physical pressures

You stated that there are two applications, breath and physical pressure. Should the short bursts of breath be synced (done together at the same time) with the sharp physical pressures on the crystal?

Or just the breath pulsed once and multiple sharp physical squeezes of the crystal?

Jen Han: Both work but I would recommend synchronized breath and pressure. I repeat, you do not need to go as fast as you can. 20 pulse a second is for metallic pulse. Human soul and body are a different transponder. Find the rhythm that you feel works for you. There is another way I haven't mentioned yet: Metallic pulse and breath. It is impossible for a human to breathe at 20 pulse per second, but this works too: Sit in front of the crystal that is wired for metallic pulse, and send your intention with your breath into the crystal, not touching it because your own body electricity will create a dissonance with the metallic wired pulse. You can couple both as I said. I hope the Terrans will understand.

E: wait... you said “crystal wired for metallic pulse”? Can you develop please?

Jen Han: Metallic pulse can be induced two ways: by two small electrodes either sides of the singularity point, or by two wires spiraling in opposite directions around the crystal.

E: now we're talking. We'll have to develop this topic next time, as I have limited time with what I can bear with the implant's statics.

You stated that you can feel an appropriate “rhythm of pulsation”, is the duration of this pulsing action required for very long to pierce through the hologram in order to modify it with a vision of a positive timeline into the planetary matrix?

Jen Han: Oh yes of course, as I said previously, you can practice until the crystal sings, but if you are sensitive enough, you will “know”. On your time frame and your density: a few minutes, not more than ten, should work. But you can continue until the crystal sings.

The “power center” location you stated is then to be felt with the mind. If for some reason it is not felt, is it still effective to imagine this power center within the crystal if it is not felt?

Jen Han: If you do not feel it with your mind, you are not connected to the crystal's central vortex. You need to have the connection if you want to imprint an intention into the planetary matrix. The new template of reality cannot bridge to the old, otherwise.

If the participants do not have a Vogel type crystal and only have a single quartz point, is there any suggestions to help make their impact into the planetary matrix more effective?

Jen Han: It works with any kind of quartz, at the condition that the lattice is respected. If not cut in resonance but cut in dissonance regarding the lattice, the crystal will not harvest. Natural raw quartz are of course effective, but the Vogel cut as you name them are a more surgical tool to operate into the fabric of space-time and universal consciousness.

The importance that the crystal is cleared first

Jen Han stated:

“The energy force that is a living manifestation of Source is being impregnated inside the crystal but beware, the crystal must be empty. This means: no residual emotional imprint, parasiting or charge. The crystal must be pure and clear from any form of energy, or consciousness even. I wouldn't say that at this stage, the crystal is really "empty", because it carries its frequency imprint, but I mean empty from anything that is not the original frequency signature of the crystal. In order to perform this action: embedding a fractal of your consciousness in a dynamic projection, into the crystal, the receptacle must be pristine pure. There are methods of purification I can tell about, the best is to run the crystal through a sound scan. You need instruments that create a high frequency sound, or trained persons can clear a crystal with their own consciousness. These individuals have reached a clear state of mind.”

Questions:

In stating that “or trained persons can clear a crystal with their own consciousness. These individuals have reached a clear state of mind.” Is it sufficient that a person who sets their intention to clear the crystal along with the pulsed breath, or is more required?

Jen Han: The clear state of mind is a mind with no parasitic thoughts. A mind as clear as crystal or pure spring water. A mind in higher frequency, content and in perfect harmony

with the universe. You cannot clear a crystal with your mind if your mind is troubled; you will project your parasitic thoughts into the crystal instead!

Dr Marcel Vogel was able to measure this clearing with intention in water with pulsed breath and also by using a magnetic eraser. The magnetic eraser is a device used to erase magnetic tapes and produces a strong magnetic field that alternates it's polarity 60 times per second.

Since the clearing of the crystal is vitally important and we do not have a “sound scan” or the specifications for such an instrument, would either the intention with pulsed breath or the magnetic eraser suffice in clearing the crystal for our purposes? Or do you have another recommendation?

Jen Han: The mind is enough, if you do not have technology, but your mind must be as clear as spring water and empty of any thought. Otherwise the clearing doesn't work; you just transfer other thoughts in the crystal.

Finding the phase-conjugation node

Jen Han stated:

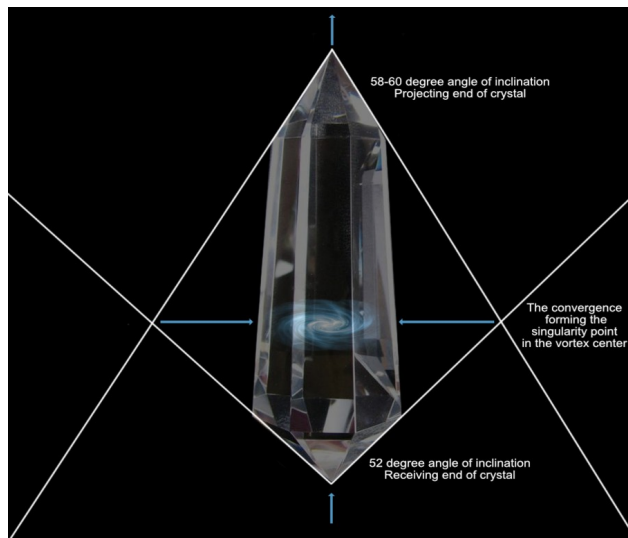
“It works by finding the phase-conjugation node inside the crystal, by projecting inwards the geometrical shapes of the two opposite points, like a mirror. There, is the vortex singularity of the crystal. Focus your thought and energy just there, and you may project your consciousness to anywhere you wish in this universe, and the other universes. To other densities, other dimensions. Anything is accessible in space, dimension and time. This is great power, Elena. It is a very important information. I am honored to be allowed to share this with you.”

“It is not male and female as biological terms but active and receptive. The two dynamics twirling in opposite directions create a phase conjugated tension that creates singularity in the hologram. A convergence of infinite power.

The singularity is in the vortical center, not metric center. The two triads are not equidistant from the singularity nor symmetric either; because their ratio, and their distance from the epicenter, are determined by the different angles of inclination of the two points. It is not a physical node but an infinite singularity, which is different.”

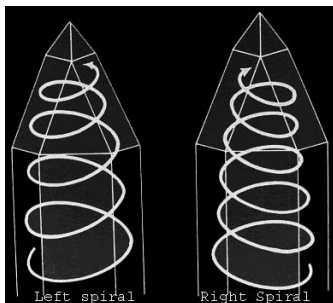
Question:

Is the understanding correct in how the phase-conjugation node within the crystal is created... That the angles of inclination of the two end terminations each create a vortex of energy, as similar to within a pyramid, and because of the reflective optics within the crystal are “mirrored” as exact opposites in their vortexial flows which converge together to create within the center of these two opposing vortices, a singularity point that is, by it's nature, connected to all points in the hologram?



Jen Han: That is what I showed to you on the first time. I made Elena draw something. This is correct. The vortices open holes in the holographic reality, allowing the anchoring of imprints.

Is the understanding correct that this phase-conjugation node is more related to the spinning vortexes of light (optical) of the two terminations than the molecular direction of either right or left handed spiraling within the crystal?



Jen Han: Oh no these are two different aspects. The singularity node is a bridge to alter the hologram of the universe. It is a small wormhole. The two spiraling molecular

directions have to do with the power core of the crystal in its natural state, not its ability to transcend densities and anchor into the holographic grid of the universe, that works with the wormhole.

From what you described, this singularity point created would be the most powerful place to imprint an imagine into the planetary matrix and it is something that must be “felt” as to it’s exact location?

Jen Han: It is best measuring it but by feeling it directly you already interface. If you first find it by measurement, you still need to interface: “feel” it.

For all those who do not own a Vogel type crystal and are using a natural single point quartz crystal instead, I am assuming there is a great difference of effectiveness in piercing into the hologram? Do you have any recommendations for those with just natural uncut crystals?

Jen Han: Natural uncut crystals work when they are not altered, what I mean is no breaks and cracks in the angles. It must be complete. We visited an Altean craft recently, that is why I am visiting this star system, to learn more about their terraforming science, and the way they use crystals in their ships, notably. The walls in the common areas are made with natural crystals but these are impeccable, with unaltered angles. Otherwise they wouldn't bridge the densities.

ELENA: And another ten questions I have in mind now ! But let us go through this list for, and Dan has also more questions I want to submit to you.

Crystal in each hand and being grounded to the earth

Jen Han stated:

“You take the mineral/ crystal in your two hands. It creates a current. Best is to have one in each hand but it works also with your two hands on one single crystal. Your hands must not touch. The current will work naturally. It is even better if you are in direct connection with the soil of the planetary matrix. You intend to make one with the planetary matrix. The crystal is the connector if you will. Quartz is best. Always works. Quartz is found throughout the whole universe. It is a fundamental component. You know you are in resonance when you feel it. It's like a shiver in your whole body, from your heart center. You may even hear the crystal singing the frequency of the planetary matrix.”

Question:

For those with natural uncut crystals, having one in each hand you are saying has the best effect rather than two hands (not touching each other) on a single crystal. This would be more appropriate for uncut natural crystals than a Vogel cut since the focus with the Vogel cut is into the singularity point of that one crystal, correct?

Jen Han: You are correct. This applies to natural crystals. If you have an especially powerful and pristine natural crystal, you can use this one alone with your two hands. Having one natural crystal in each hand creates a current. Think about electrodes.

This group participation of imprinting into the planetary matrix is being done through the internet videos with people in front of their computer screens without their feet in direct connection to the soil of the planet. The question is, is this a vital component of this process and can it be facilitated by electrically grounding the participant using a grounding electrical wire connected to an earth ground?

Note: This can be achieved by an electrical connection to the body by a wire from an electrical outlet that includes a ground connection to earth.

Jen Han: I do not know about the wires you are mentioning. This is a procedure alien to me.

(this made me chuckle and I explained to Jen Han about our primitive way of making electricity using wires. And he replied this:)

Jen Han: This seems dangerous. Having you feet on the ground of the planet is the best way to interface with the planetary matrix but if you stand in a building on this planet, you are also interfaced with the planet because you are within its grid.

(I explain to him that this is not dangerous and I ask the same question again)

Jen Han: Yes you can do that. With a wire. But I there are also other ways, such as anchoring your consciousness to the body of the planet. You interface as well, indirectly. It is more fain but it still works.

(I had to smile that Jen Han was discovering our barbaric way to make electricity)

Thank you again Jen Han, as you can see there is a great response from the people of Terra to feel empowered to do whatever they can to move their planet's timeline into a positive reality. This information is invaluable. We are indebted to you for your sharing

of knowledge and wisdom to help our planet.

Dan

Jen Han: There is no debt in sharing knowledge. I was granted authorization to do this with you both.

THOR HAN: It is us, Dan, who are grateful for your efforts and good will. We are working together.

ELENA: Here are the additional questions for today:

Question:

Can we use a bulk-eraser to clear a crystal?

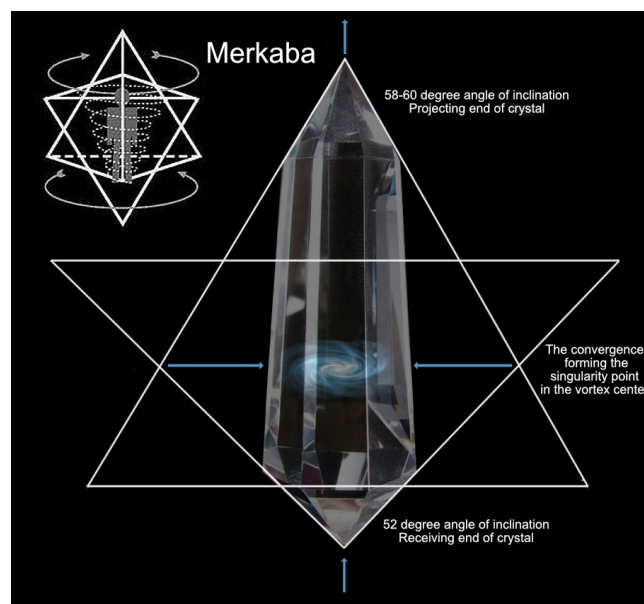
Question:

Jen Han said the sender angle end must be exactly 60 degrees, but then later he says 60 or 65.

Jen Han: It is 60 for the small crystals you are using. The very big ones used in our generators can have 60 to 65 degree angle for the point, it works, although 60 is always best.

Question:

The Merkaba created within the crystal :



It appears there are two levels of activation of the crystal.

1. For the general public

Using a single natural crystal point. Or two, with one in each hand

Or a single Vogel inspired or cut crystal

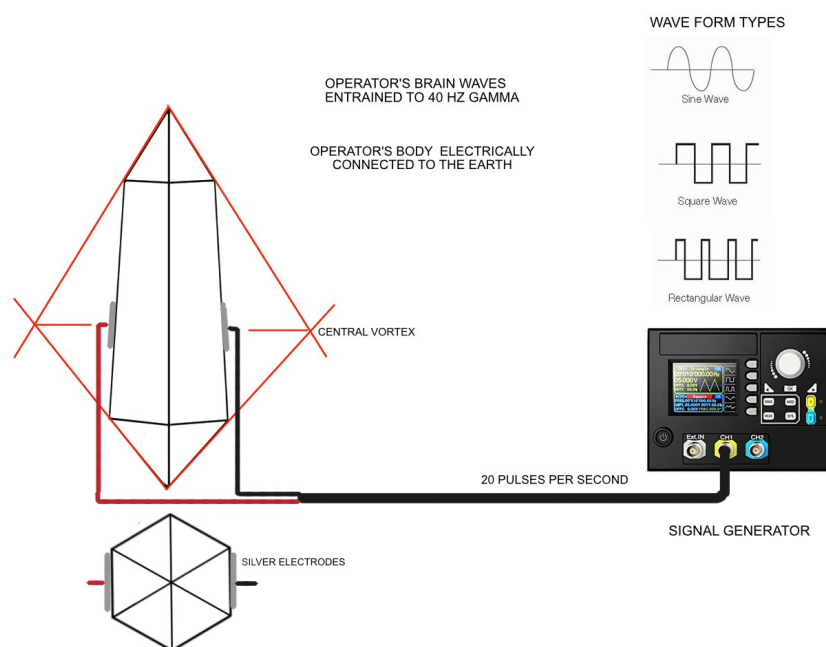
Pulsing the breath and squeezing the crystal in sync together

2. A more specialized advanced application

Operator is not touching the crystal which is being pulsed at 20 pulses per second

Brainwave of operator at 40 Hz Gamma (various methods of entrainment can be used)

Electrical ground to operator's body according to first set of questions



The clearing the crystal is very important. Will a strong alternating 60 times per second magnetic field (i.e. bulk demagnetizer) serve to clear the crystal?

Jen Han: A powerful magnetic field can clear a crystal because it de-programs it. The crystal is then empty from any programming.

ELENA: So a device that would clear electro-magnetic programming is good? I think about a device we use here called a Bulk Eraser: a device for erasing previous recordings on a magnetic tape. I know it doesn't probably mean anything for you but..

Dan says: Its a strong alternating magnetic field that alternates at 60 times per second. On earth they are called a bulk demagnetizer to erase magnetic tapes

Jen Han: It sounds like it can work. Good device. I like it better with the mind.

ELENA: Yes but rare are the Terrans who can do that for now with their mind.

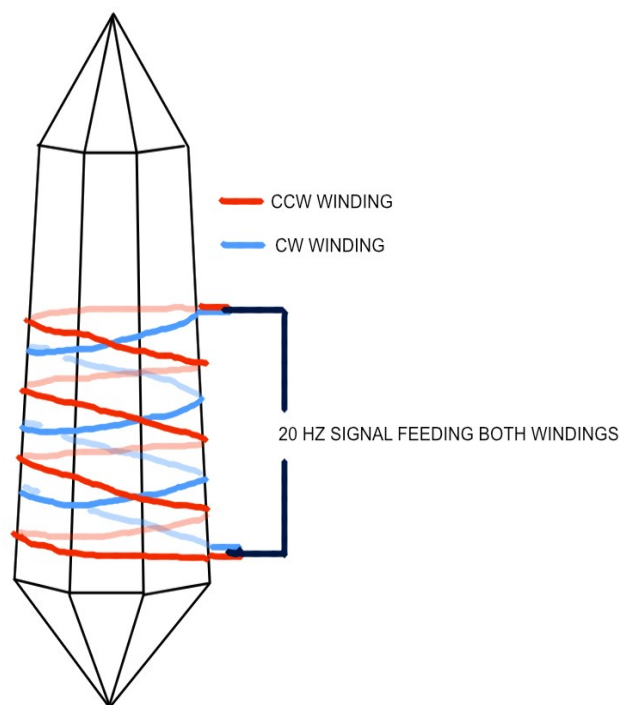
Jen Han: Why not train them?

ELENA: This is hard job, you have no idea. OK I have something else received from Dan today, what are your commentaries please:

Illustration of the two windings around the crystal.

One is clockwise (CW) and the other counter clockwise (CCW) and both terminate together at the ends which are feed the 20 Hz signal

The windings could be much tighter and many more turns, but this is for illustration



Jen Han: This is exact, a small generator! You know that you can send the pulse with your mind, your mind is a device. There are other ways also. This is contact pulse. Our generators do not work with contact pulse. They work with resonance pulse. By signal sent to a receiver connected on the wires. The pulses can also be projected by other crystals, placed around the central crystal. You understand?

ELENA: I know where you are going.

Jen Han: This has nothing to do with the vortex imprinting thought-consciousness into reality, you understand? This has to do with the production of energy supply. If the energy produced reaches to a certain level, the vortex implodes.

ELENA: That's when it sings just before.

Jen Han: Yes.

ELENA: Ok so I feel I need clarity.. There are two things:

-Pulsing either sides of the compression node, that you call singularity, to activate the vortex in the crystal, and access the hologram of reality, and imprint thoughts in the planetary matrix.

-Then you have the generator of energy, with the two coils and the pulse. These are two different applications, right?

Jen Han: The compression of the node by pulse, generates a piezoelectric effect, which can make the crystal sing as well if you misuse it. The vortex is used to bridge: creative thoughts, densities, and other things. The two opposite coils are a way to produce energy supply but it doesn't bridge an intention into a matrix. At a certain level it opens the singularity vortex if there is an overload. The crystal sings. That is why the generators are not pulsed continuously but by periodically, by sequences. With a small Vogel crystal using the lateral pulse to open the eye, you can make the crystal sing if you pulse it for a long time, a very long time. You asked me this question already and the time depends on the size and the capacity of the crystal. You will feel statics before it sings. The small Vogel crystals used as such, are not dangerous. The big generators with the coils are.

ELENA: Jen Han thank you so very much. Mentioning statics, I have reached my limit. Will you be willing to answer more questions tomorrow please?

Jen Han: My pleasure. I have nothing else to do on this station.

New Session with Jen Han:

The messages from Jen Han and Thor Han are heart warming to hear them express their encouragement for what we are doing!

TH: Dan is a good man. He came to bring knowledge to the people of Terra. He is a messenger who opens the ways.

J: I am glad to work with him because he has the understanding.

E: Well it us who are grateful to you, dear Jen Han. Here are the additional questions, we were slightly confused with numbers:

52 degree angle more exactly:

For clarification, when we refer to the 52 degree angle which acts as a responder in the matrix, is it more accurately 51.84 degrees? Like the great pyramid is not exactly 52 degrees, but very close at 51 degrees 51 minutes or 51.84 degrees.

(TH needed to show his brother what it was about)

J: Oh I understand. The most accurate is 51. 843 angle degree. 52 is in your metrics a general ratio for interface and it corresponds to specific mathematics. You understand, there is a range of angles, such as 60 to 65 degrees, and 51 to 52, that work for the same purpose, with different applications. The ratio of the dimensions of this pyramid is the most exact as it corresponds to a universal value which is light. Geometry generates frequencies. I told you, remember: quartz, light, love, water, have the same frequency. A small crystal functions with a 52 angle. As I mentioned to you previously, angles are adjusted for very big devices.

E: Why? That doesn't make sense..

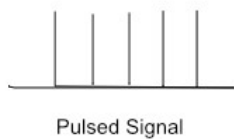
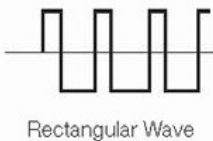
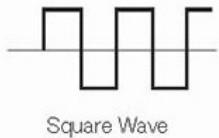
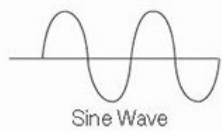
J: Because of the bending gravitational field and electromagnetic field of the planet. A Vogel crystal the size of this pyramid should be 51.843 degree angle because it needs to be perfectly accurate, but very small crystals can function at 52 degree angle as it is less affected by these fields as much as the greater generators are. Although it is best they have this 51.834 ratio of course. Here also, you do not want to produce energy supply but affect the holographic grid using the eye of the crystal to crystallize then project a conscious thought.

E: I like it, that you said: "crystallize a thought".

20 cycles type of wave form to crystal:

On the signal generator producing 20 pulses per second. What waveform would be the most efficient to open the vortex within the crystal to bridge and imprint a vision into the matrix? I suspect a Rectangular or a very sharp Pulsed wave form?

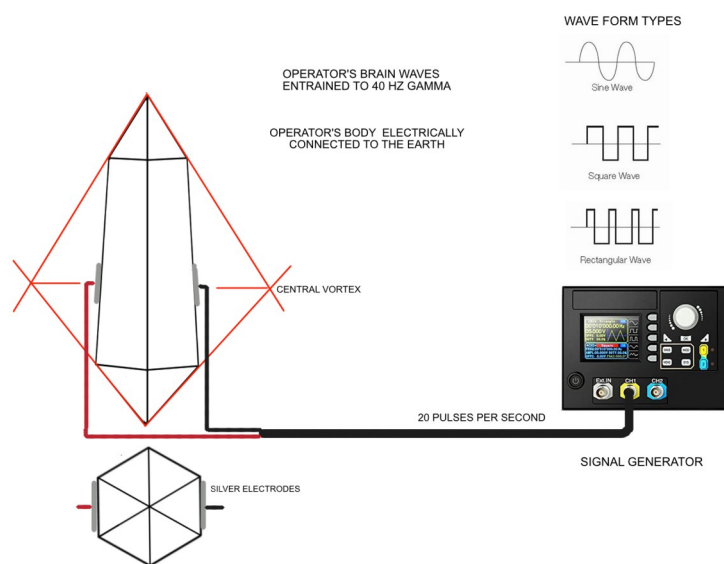
WAVE FORM TYPES



J: The last two ones, the Pulsed signal is the most efficient but Rectangular works well also. Remember, sharper is always better. It can be faster than 20 pulses per second of course but 20 is a good vessel for consciousness. Do not forget consciousness. 21 also works. Also work for a single monotonic pulse: multiples of 20 such as 40, 80, 160, 320 and so on. Another method is progressively increasing pulses from 20 to 30 to 50 to 80 to 130 to 210 to 340. It is the geometrical measure of vortex's horizon curve. After 340, if you follow this order, the crystal can sing at 550. If you pulse directly at 550, it will not sing. What makes it sing is that you follow the order I gave you, from 10 to 550. but you don't need to do that. To carry a human thought-form through the crystal's vortex to imprint the hologram, breath pulse works and singular 20 pulse works. I sense an experimental mind in Dan.

On Terra the metal element of silver is the highest conductivity, so we should use silver electrodes on the flat surfaces of the crystal as in this illustration?

J: yes. We do not have silver easily accessible where I live, we trade it expensively or we make it. You have it abundant naturally on Terra. Silver is a metal that has a close radiance and frequency to light. This is powerful, my friend. Make sure it doesn't sing.



When operating the crystal as in the above illustration should the 60 degree angle be pointing upward? (Marcel found the crystal direction was critical for some applications)

J: To imprint the morphic grid and alter the hologram, the 60 degree angle will point like a projecting beam to re-write the hologram. Yes it points upwards, aligned to the radius of the planet. This is important, related to the electromagnetic field and the bending gravity if it is a big crystal. Gravity bends light, so it affects also the toroidal field of the crystal. Some generators have the sharper point downwards for other reasons, but for the work you want to do , have it upwards.

Once again, thank you Jen Han for assisting us in our understanding of this crystal technology that can empower the Terrans to affect their planetary matrix to help usher in more rapidly a positive timeline on Terra.

J: My honor, friend. I must travel back to my world but we will exchange again soon.

New Session with Jen Han Eredyon

Hello dear Elena,

Please add your questions to Jen Han to this list as so inspired.

Please extend our gratitude to Jen Han and let him know that the knowledge he has shared has greatly expanded our understanding of these sciences, of which we will use solely for the good of all beings on our planet Terra.

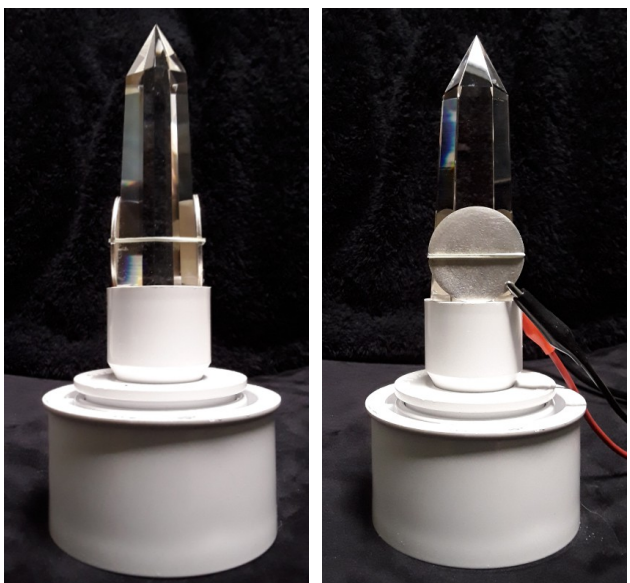
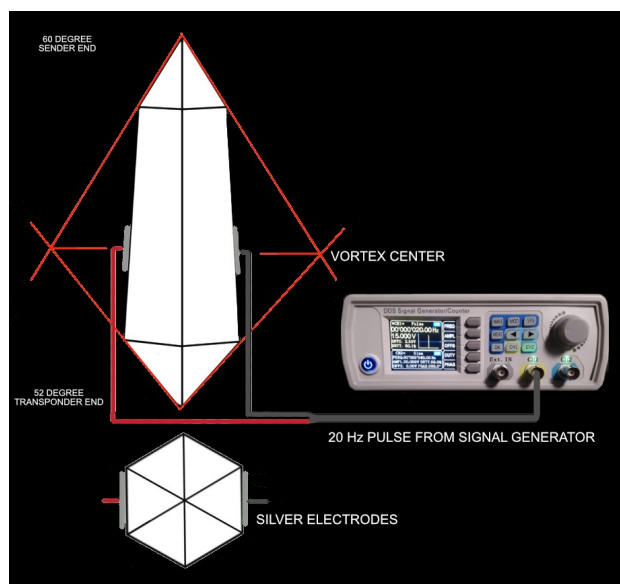
Once you and I have both activated the singularity wormhole with the signal generator pulses as Jen Han has described and have some experience in connecting with our mind into the eye of the crystal to crystallize then project a conscious thought for a positive timeline on Terra, we may then have some additional questions based on our experience.

Thor Han started by giving me the answers that Jen Han had provided in return to the list he sent him a while ago. Thor Han says that the a specific question about energy is not allowed to be answered before the end of the month of September, for personal safety reasons. He mentions some scientists working for the “dark servants”, could get in the way. This matter will be answered after the month of September. What happens in September, he didn't say.

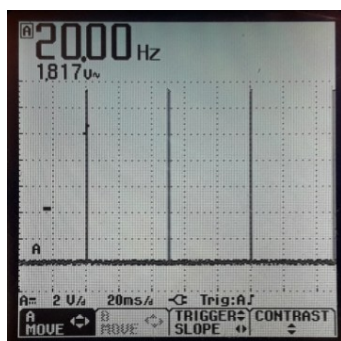
1) Reconfirming the arrangement with 20 pulses per second to open the singularity wormhole

Our specially cut 6 sided Vogel crystals in alignment with the natural hexagonal lattice is placed in a stand with the 60 degree sender angle pointed upward.

Thor Han: Jen Han said that it is correct. He is glad he was asked to double-check before you start the activation.



Very sharp and narrow electrical pulses at 20 per second at 15 volts amplitude from the signal generator are sent to the pure silver discs on both sides of the crystal's compression node vortex center.



15 volt spikes at 20.00 Hz



Elena's crystal holder using a hexagonal candle holder framework to suspend it

Thor Han: Jen Han said that the 15 V is most efficient, and that it also works at a lower voltage but it needs to send a sufficiently powerful pulse and 15 V is efficient.

Before activating the singularity wormhole, mental preparation is done to enhance Gamma brainwave activity. Once activated and sitting in front of the crystal without touching it, we go with our mind to feel and connect to the singularity wormhole in the eye of the crystal.

Thor Han: I know you will prefer that my brother answers this one directly. I have the connection now.

Jen Han: Your settings are good, you are creative. We commonly use anti-gravity to hold a crystal device clear from any physical interference. I was shown Elena's holding structure; a lot of metal around but it will not affect the results. It is not an interfering metal. 15V is an efficient amplitude. Regarding the brain tuning into Gamma wave, we do this without effort because our brain frequencies

are cleared. On Terra, the bodies you occupy have been poisoned with low frequency chemicals, in your food and in your water. But for those like you Dan, who have a clean natural diet, it is easier to tune your brainwaves at will. It is a matter of confidence, it really is. And I weight these words with great importance. Self-confidence is a crucial condition to tune your brain into Gamma. When you are familiar with this activity, you do it without crystal. But why not use these tremendously powerful tools at our disposal! The universe is filled with gems for us to pick. Source provides the tools that we need. Always. You can use technology to create Gamma brainwaves and the tuning forks Elena has are effective too. Yes it is not necessary touching the crystal while you perform the brain translation into Gamma. Then the brainwaves will propagate through the ether into the crystal, through the lattice, with purity, clarity and efficiency. Know that the skin shares chemicals and when a physical connection is made with the crystal, the power of consciousness will interface. Firstly, produce the Gamma brainwaves.

Dan's Comment: I asked Elena how does Jen Han know what my food diet is like?

Elena left me a voicemail and said...

"Well, last night I was beamed on board Thor Han's ship, but I didn't stay long, about 15 minutes, minutes, and Jen Han was there, that's why he beamed me up, asked me if I wanted to, of course I always say yes, even if I'm sick, and I always do say yes. Jen Han was here because he was momentarily passing by, staying with him on the station, and that was nice to see him, is practically the same size as Thor Han. Well, yeah, it was really nice, so he said so where are your questions?

I don't have my notes with me I said, we need to do it the regular way that I'm on Earth and I take notes, otherwise it's not good. I need to transcript your words as they are, so we are meant to do it tonight regularly, and while he's still on Thor Han's ship station, it's easier for them to do that.

Also, Jen Han is having another study trip with the Intergalactic Confederation is on the Altitan ship at the moment, working with them, learning from them, and he wanted to know about the fact that if he could live with them to the galaxy for temporary study, but he needs to complete first his training at the Pleiades University in Terraforming and then he would be able to go to their galaxy and learn in their world anything more. Because Jen Han said you imagine they are 20,000 years more advanced than us. And so he said it's amazing what they can teach us, it's mind blowing. And he was so excited and said no, you need to finish university first. That was so funny, it was like on Earth, young person was amazing. And I said when will you finish university? Said that's not the same amount of time, time doesn't pass the same way. So he wasn't able to tell me.

Then I asked him the question, how do you know about Dan's diet? And he laughed and he said well, do you think that we give information like this to people, random people, without scanning them and scanning them constantly? So he said, for example, safety, and he doesn't know what you eat, but he said everything your diet shows up in your frequency signature, so he knows what type of food you eat, not exactly what, you can't see that, but it says the frequency of the food you eat because it's in your aura. So that's how he explained it. So now he confirmed that you are scanned and protected and since this information were given to you, now you constantly looked after and that you don't have anything a big problem and that's it. So that's nice to know, that's what I want to say. Here we go. And then I had to go. It was just a short trip."

Once that connection is felt and established, we visualize in our mind's eye in as much clarity and totality as possible a positive timeline on Terra.

Jen Han: Yes. Always set the trajectory beforehand.

When that conscious vision has clearly formed, we then project that into the eye of the crystal using our pulsed breath to crystallize it into manifestation in the holographic grid of the planetary matrix.

Do we have this correct?

Jen Han: You have this correct. You put the seed into the crystal. Now you will activate the vortex.

2) Crystal with metallic 20 Hz pulse to open up singularity wormhole the most effective?

Jen Han: It can be slightly higher but I recommend you keep it at this threshold, regarding the magnetic field of your planet and the size of the crystal. You don't want to break it.

Reference Jen Han: “I would recommend synchronized breath and pressure. I repeat, you do not need to go as fast as you can. Human soul and body are a different transponder. Find the rhythm that you feel works for you. With fingers, pulse in synchronicity with your breath. The soul activates the vortex in the crystal by projection with the breath. “

Question: Compared to using a Vogel crystal with just our fingers and finding a rhythm to synchronize with breath. Is using the “metallic” 20 electronic pulses per second considerably more effective at opening the singularity vortex within the crystal?

Jen Han: I will tell you this: you need this technology at this point in time, because it is more effective than what you bodies are, in average, able to do. But please know this: in a greater knowledge, you do not need this technology because your bodies are purveyed with natural abilities that can do that. You can literally project an electric field through the ether, with the simple power of your mind. Please make sure to tell Terrans to whom you will show this simple technology, that it works as well without this technology, as we spoke before, using their consciousness carried by the breath, and the pulse of their fingers. Of course, technology helps greatly.

3) Uses for the Phryll energy generation

Ref Jen Han: “They stimulate the electrons in the atoms in the crystal, until it changes the charge. At each pulse, the charge will inverse. Under a continuous alternate pulse, the crystal will generate Phryll energy. The Phryll comes from the singularity, that has opened. Crystal you name Quartz is in synchronized frequency with Source. So when you stimulate the singularity, you bridge to Source and you can draw energy from it.”

Question: Since we can stimulate the singularity in the crystal with the 20 pulses/second from our signal generators and the crystal will generate Phryll energy that we can draw from, can this Phryll

energy be used for healing and regeneration since it is considered to be the essence of life force in the universe? I ask this because on planet Terra our Terran bodies, unlike yours that live for hundreds of years, degenerate and expire in an average of less than 80 Terran years, no doubt in part due to a lack of this regenerating Phryll life force. If yes, how might this best be accomplished? Or any other suggestions how one might best regenerate and optimize these Terran bodies?

Jen Han: The Phryll from Source is the most powerful energy you can ever imagine to harness. Of course, when the singularity of the vortex is triggered in the crystal, and when it bridges to Source, Phryll comes from it. If it is not harvested it will radiate outwards and propagate in the ether around in a halo. Reached a certain point of saturation, the crystal may sing. You know what this means. When you hold with your bare hands the crystal that is surrounded by a halo of Phryll, it regenerates your cells by invigorating and strengthening the bounds between the particles that compose it. But you know, you can do it yourself without the help of a crystal. You can harvest Phryll by yourself, in a more natural and safer way. Your DNA is composed of micro vortices, that you can activate with your consciousness. I can show you how to do this, it is simple but it requires a lot of practice. Once you complete this training, you can feed from Phryll and you need little food. You still need food of course to sustain your bodily envelop. Anything you will eat, will be several times more efficient, because the nutriment as well will be invigorated as soon as they enter your auric field. It will keep you healthy longer. If you wish to use crystals to extend your life expectancy, there are two ways: the natural way and the technological way, with the healing pods. You call them med-beds; those who work with crystals and water.

Elena: Can you remind us how to harvest Phryll with our consciousness? I know a method taught to me by Annax but I am interested to know yours.

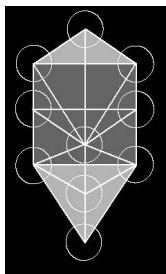
Jen Han: First of all, you know about the method that consists in imprinting a younger and healthier template into the holographic pattern of your envelop, using consciousness. Harvesting Phryll to nourish and invigorate your cells is a different thing. You need to isolate yourself from mental disturbance and connect intuitively with the particles of Phryll present all around you. Or coming from an activated crystal if you will. It is better of course. But you can do it as well with the existent particles of Phryll present naturally in the ether around you. When you see them with your mind's eye, like a shimmering living dust, you can harvest them with the power of your thought. Absorb them. It is best to do it outside in open atmosphere, in the light beams of your star. Bare feet on the naked soil even works better because you create a current of energy with the planet and what circulates through you is quite powerful and regenerative. Simple, isn't it?

Elena: Yes indeed. It is quite similar to what Annax told me.

4) Usefulness of Vogel cut crystals with multiple facets beyond the natural 6 sides.

Dr Marcel Vogel said: “The large end of the Vogel crystal is cut to the same internal angle as the Great Pyramid of Cheops, 52 degrees. The large, female, end draws in Prana (aka Phryll, Vril, Chi and life force), which travels down the length of the crystal, being amplified each time it is reflected by a facet. This highly amplified Prana flows through the male end of the crystal where it is focused into a coherent, laser-like energy. Thus, **the more facets the more amplification.**”

Question: Marcel Vogel originally received a vision in a dream of how to cut the crystal into a DI-pyramidal form related to the form of the tree of life of the Kabalah.



With 52 degrees on one end and 60 degrees on the other. He saw this form as acting to cohere the energies of mind similar to how a LASER coheres energy reflected between two mirrors, and that the energy spirals down the C-axis (growth axis) and he believed as he said “the more facets the more amplification”

Jen Han: This is untrue. Too much facets lose the focus of the beam, the lattice of the crystal is too much interfered in its dynamics.

He originally started with 4 sided, then 6, 8, 12, 13, 16, 24, 33 etc and since he stated the more facets the greater the amplification, some people have had even gone up to 377 facets cut for Vogel crystals thinking they are the most powerful, due to the amplification of greater reflective spin of more facets.

Marcel was unaware of the knowledge you shared, that the di-pyramid form he created formed within the crystal a Merkaba-like singularity wormhole and that it was the 6 sided Vogel that is cut in alignment with the natural hexagonal 6 sides of the lattice structure that yields the maximum piezoelectric response on the sides when pressure or electric pulses are applied, and that it is by stimulating this piezoelectric aspect of the crystal is the method to open that singularity vortex in order to modify the hologram.



When physical pressure with the fingers is applied to a multi-faceted Vogel crystal as in the above illustration versus the 6-sided aligned with the natural crystal’s hexagonal lattice, there is a small chance that the pressure will just happen to be perpendicular to the natural 6 sides the crystals lattice structure and yield much of a piezoelectric response.

Jen Han: That is correct.

The Terrans use these multi-faceted Vogel cut crystals in energetic healing to bridge the various densities of the body and through intention and breath to release dissonant patterns in the body.

My related questions are:

Does increasing the number of facets of a multi-faceted Vogel crystal yield greater amplification as Dr Marcel Vogel assumed?

Jen Han: No. It will magnify the healing power by radiance, the crystals that are multifaceted to an extreme are transmitting life energy by radiance but they are not the most effective when opening the eye of the crystal, because the dynamics is lost. You need to respect the structure of the lattice, and always cut in perfect ratio with its hexagonal core structure. The efficient shape of these crystals do not only concern the correct degree of the two pyramidal extremities, but as well the lateral ratio: the facets. Everything must be in harmony with the core lattice. Vertically, and laterally.

Are these multi-faceted Vogel crystals really any more effective at energetic healing than a 6 sided Vogel that is cut in alignment with the natural lattice?

Jen Han: As I was saying, they are healer crystals, but compared to a near-cylindrical shape dynamics. The more it tends towards it, it loses its power. 4, 6, 8 and 12, even 24, works. Afterwards, the vortex effect decreases.

Is there something of value of the multi-faceted Vogel crystal for energetic healing or for other applications?

Jen Han: I answered this question already.

Is the 6 sided only suited mostly for the application of imprinting into the singularity wormhole to modify the holographic matrix or for generating Phryll?

Jen Han: You can also heal with this one, because it is the most effective tool on manipulating the fabric of reality. Imprint the healthy element onto the defective one using the vortex. You know, and I shouldn't say that because it will open a new conversation, but you can interface your Pineal gland with the vortex of the crystal and travel distances and time by projection of consciousness. Another time maybe.

5) If the planet's brainwave affects minds then can many minds affect the planet's brainwave?

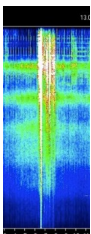
My question: Is there a reciprocal connection between our planet's ionospheric cavity which resonates signals similar to human brainwaves and human brainwaves?

More details: Physicist W.O. Schumann postulated mathematically that our earth and ionosphere constituted a cavity waveguide whose physical constants and magnetic field would oscillate at a resonant frequency identical to the range of human brain waves. Instrumental recordings of these signal tracings are indistinguishable from encephalographic recordings from human brain waves. This newly discovered phenomenon was dubbed the "earth brainwave."

As Dr Robert Beck discovered that the brainwaves of Shamans synchronized with the so called "earth brainwave" of the planet of around 7.83 Hz. Could it be that the higher frequency gamma brainwaves of many minds collectively together interfaced into the planetary matrix with crystals could influence the "earth's brainwave" known as the Schumann resonance and cause it to momentarily spike higher in frequency?

Jen Han: Of course it does!

On June 12th 2022 Elena and Dan did a youtube video with approximately 1700 live participates with their crystals to simultaneously imprint a vision of a positive timeline into the planetary matrix and a spike was recorded on the earth's Schumann resonance. Do you think it is feasible that this spike was a result of this collective group effort?



Jen Han: Of course it had an effect. There is a ratio of population that needs to be gathered to produce a visible disturbance, and you did it that day. The brainwaves emitted by all living creatures on this planet are in inter-resonance with the ionosphere shell. If this ionosphere resonance shall change, all life on this planet would be affected. This is a topic I affectionate particularly because it is part of my work. Of course this process occurs naturally as well in the universe, as a natural law. When we make worlds suitable for receiving conscious life, we construct a series of layers around the planet, that we embed in its grid. Once it is integrated, it cannot go. All is held together with frequencies. All is inter-resonant. One tingle on the web ripples to the other side at a particle level. One affects the other: when your consciousness evolves, the frequency of your planet raises. That is how the inhabitants of a world can shift the density of their planet by themselves, by the simple power of their minds. Are you getting more clarity now?

New Session of Questions to Jen Han

Dan Comments 09-26-2022:

1) Clarification about the multi-faceted Vogel healing crystals that magnify as you say the "radiance". What is the difference between "radiance" and "Phryll" or what Marcel said the multi-faceted crystal magnified the "Prana"?

Reference to below answer:

Does increasing the number of facets of a multi-faceted Vogel crystal yield greater amplification as Dr Marcel Vogel assumed?

Jen Han: **No. It will magnify the healing power by radiance, the crystals that are multifaceted to an extreme are transmitting life energy by radiance but they are not the most effective when opening the eye of the crystal, because the dynamics is lost. You need to respect the structure of the lattice, and always cut in perfect ratio with its hexagonal core structure. The efficient shape of these crystals do not only concern the correct degree of the two pyramidal extremities, but as well the lateral ratio: the facets. Everything must be in harmony with the core lattice. Vertically, and laterally.**

2) Is there any advantage in the Vogel healing procedure of using a multi-faceted Vogel crystal over that of a 6 sided Vogel with 51.84 and 60.00 terminations that is cut in alignment with the natural hexagonal core lattice of the crystal?

In other words, it sounds like a properly cut 6-sided can do everything a 12 or 24 sided can do, plus more, since it can also access the eye of the crystal for other work. So would this be a preferred "healing crystal" of choice be able to do anything that a multi-faceted Vogel could do in healing work?

I ask this because a lot of Terran's think they need the extra work and expense to create a multi-faceted Vogel for healing work, whereas a 6 sided cut with the lattice structure could possibly work just as well.

Jen Han: **Every crystal work for healing, whatever the shape, because quartz does what quartz does: it realigns the atoms in an ordered state of matter, then transcends it. When you use a quartz that is cut following its lattice, it becomes a precise, powerful surgical tool. As I said previously, the 6 sided ones are the most efficient for most of the work. A greater number of sides works for healing only, because it is not about the shape anymore, but about the very nature of quartz. That is why I previously told you that the Vogel cut crystals were more efficient at 6 sides, for everything, but the greater number of sides only work for healing. And clairvoyance as well. Not because its shape anymore, but because of the properties of quartz. It will always be better than raw quartz, but when there are so many sides that it becomes a faceted cylinder, there is no point.**

Dan Comment:

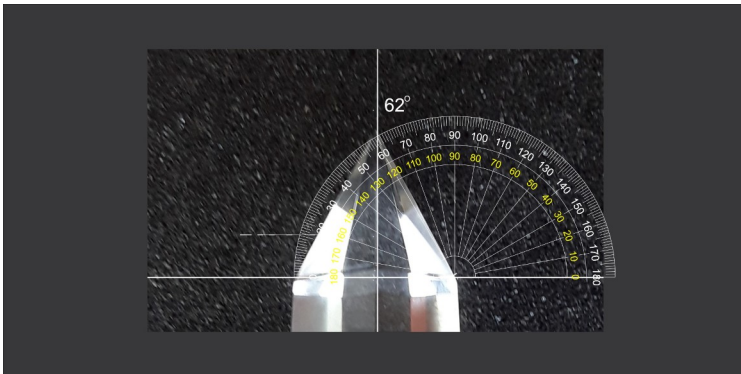
I could be wrong, but I get the impression that Jen Han wishes to be diplomatic in answering this question to respect all of the Terrans who have invested heavily into a Vogel multi-faceted crystals for healing and not seed a limitation thought form in association with the abilities of their investment. I can respect that. As Jen Han says about the multi-faceted Vogel beyond 6 sides “it’s not about shape anymore, but about the very nature of quartz” alluding to the multi-faceting is not serving a greater function other than what the quartz material itself provides, yet it is still more effective due to the Vogel cut versus a natural raw crystal. So my conclusion based on how Jen Han answered this is, if you were to choose a Vogel cut crystal, the most efficient appears to be a 6 sided cut in alignment with it’s hexagonal core.

Note that Vogel crystal cutters only take into consideration the alignment of the c-axis with the points and the 52/60 degree terminations. They do not normally take in consideration that a 6 sides are cut in alignment with it’s hexagonal core unless specified.

Jen Han: Can I speak freely? Well, it is not worth investing more currency (money) into a greatly faceted crystal, a 4, 6, 8 and 12 matter. The more efficient is 6 sided. You will always have a more powerful effect when the crystal is cut following the C-axis, but it is best using the numbers I gave you.

3) Jen Han you have previously stated that for these smaller hand held crystals for the sender angle to be EXACTLY 60.00 degrees. What if it is off 2 degrees such as 62 degrees? Why is 60 degrees chosen?

I asked this because in measuring the angle of inclination by our crystal cutter it measured 62 degrees.



Would this 2 degree difference not being exactly 60 degrees, make a difference in opening the singularity vortex in our setup using silver electrodes with our signal generators?

Jen Han: It works. 2 degrees difference is not affecting the singularity.

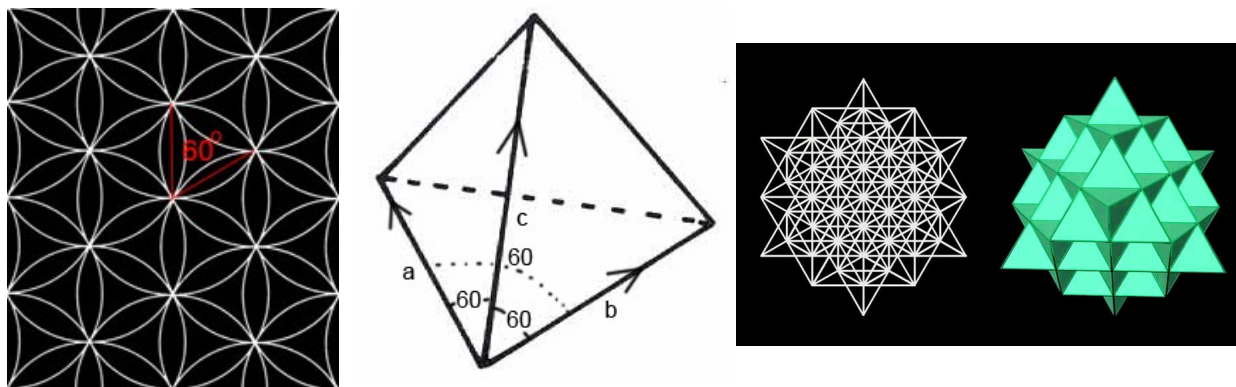
Dan Comment:

I asked this question because there must have been a reason why Jen Han previously stated for the smaller Vogel crystals to be “exactly” 60.0 degrees. So the exactness of this angle apparently isn’t critical in this application to affect the singularity. Wondering what application Jen Han was referring to where it needed to be “exactly” 60 degrees?

Jen Han: you need to have 60 degree angle for the small crystals. For the greater ones, such as the crystals in the generator rooms, 2 degrees variation do not matter.

The question about “why 60 degrees” was not addressed. My speculation as to why this angle is chosen may be due to the angular resonance of the tetrahedral fractal geometry of the holographic matrix, since the fundamental building block of this matrix is the tetrahedron whose internal angles are all 60 degrees.

Jen Han: The sender angle must be in resonance with the geometry of the holographic matrix that is the receiver.



4) The following is a multiple part question on the preferred physical formation of the crystal.

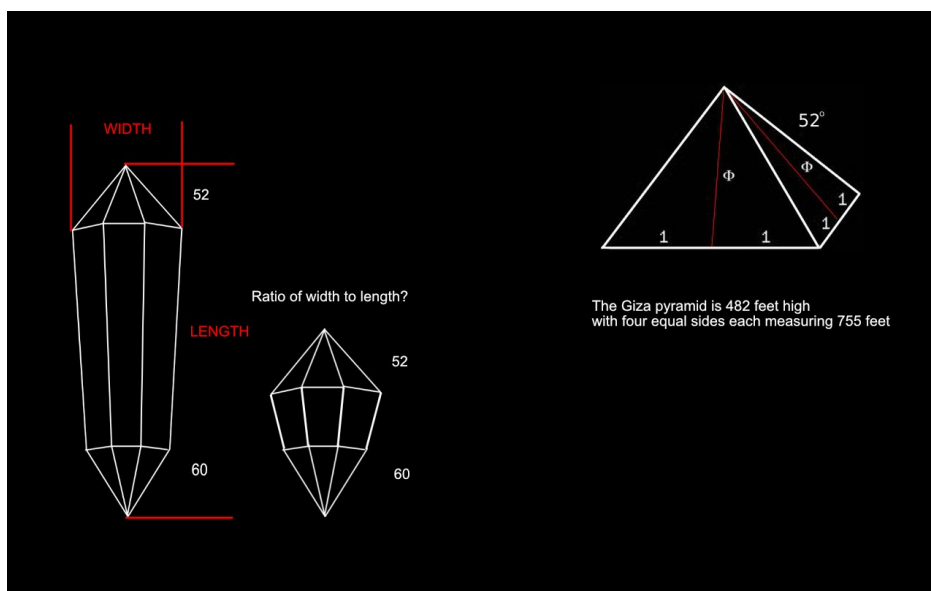
In the crystal geometry formation, we have considered both of the end terminations angles of inclination to be 51.843 and 60.000 degrees with the tips aligned perfectly with the C-axis and laterally the 6 facet sides to match the natural hexagonal core structure of the crystal it is formed from.

A) What has not been addressed is the preferred width to length ratio of the crystal. What should that be?

Jen Han: This is all about harmonics, my friend. The angles of the points matter, this is what will determine the singularity. It is best, in order to obtain a maximum power, to have the same ratio as the pyramid in Giza, on Terra. The biggest one. It gives you equations for the ratios. That machine is perfect. This monument archived a mathematical heritage to be decrypted when you are ready, and able to understand it.

Dan Comment:

I understand the importance of the 51.843 degree angle matching that of the pyramid in Giza for one of the termination angles, but if only the points matter, then if I understand correctly, it does not make any difference the width to length ratio other than the capacity of the crystal if it is long or short as in the below illustration?



Jen Han: it doesn't matter but you NEED (he insisted) to have a shaft that allows the vortex to occur.

B) Should the sides have a tapering from the transponder end (52 deg) to the sender end (60 deg) or should there be no tapering and all the sides be straight and vertical? Or does it matter?

Jen Han: All works, it doesn't affect the vortex. When you increase the tapering towards the sender end, you induce an acceleration in the piezoelectric currents. The perfectly straight and vertical crystals have a beauty of their own, they are fascinating. Don't you think? I find they have great power in stabilizing the currents. They can reflect and mirror reality. They have a beautiful stillness to them.

Dan Comment:

So the tapering or not is not critical for the vortex. Other than the tapering causing an acceleration of the piezoelectric currents, it seems it would be desirable to have the sides straight and vertical as is naturally formed by nature to stabilize the currents as you said.

Jen Han:It depends on what on want to do with the crystals. The tapering accelerates the electric flux and it is a good tool to project Phryll, into a healing operation on a body for example. Not necessary when working with the vortex to alter the hologram. Tapering or not, doesn't matter in this last case. Straight sides are mirror crystals. The reflect and amplify any thought you place in it. They are also good for storage. The fields are stabilized.

C) Is there a preferred size in length of the crystal? i.e. 15 cm or so? Does the size matter? In other words, would a 5 cm size crystal work as effectively as a 15 cm size crystal

Jen Han: You know, when the proportions are perfect, it will work no matter the size, but the greater the size, the more Phryll it can harvest and transpond. It is a question of capacity.

Dan Comment:

Understood that it is only the capacity that is effected.

Jen Han: Yes.

D) Is it preferred that the crystal be 100% clear of any inclusions? Will a few small inclusions affect the performance? If a few inclusions are permitted, what areas of the crystal should they be avoided?

Jen Han: Oh avoid the vortex area. Inclusions have their own signature frequency. It alters the pure nature of quartz. It gives to them a flavor, if you prefer. You don't want that.

Dan Comment:

I was concerned about that, as my crystal does have an inclusion near the tip of the 52 degree angle termination as in the photo. I don't believe Elena's does, only in the body of her crystal which is less significant as it does not affect the vortex forming area.



Jen Han: Is this a quartz inclusion? So it has the same frequency as the host crystal and it doesn't disturb the flux. If it was a different material it would be annoying. But it doesn't seem it is. Also, it is not anywhere near the vortex zone so I think your crystal is good, Dan.

Based on the answers to the above 4 part question, and any other considerations you can think of that we may have missed, we will then be able to give our crystal cutter the exact specifics in order to optimally cut and form a crystal.

5) Reference Jen Han said:

" You can harvest Phryll by yourself, in a more natural and safer way. Your DNA is composed of micro vortices, that you can activate with your consciousness. I can show you how to do this, it is simple but it requires a lot of practice. Once you complete this training, you can feed from Phryll and you need little food."

Jen Han, Elena and I would love to know how to do this! Can this be enhanced using our crystals with our signal generators creating an aura of Phryll around our crystals to feed from?

Jen Han: I will show you, but not tonight. Soon.

Dan Comment:

So grateful to you for sharing that knowledge! We look forward!

Jen Han: I will show you soon, but also others can if I cannot.

6) On September 12th Elena and I for the first time activated our crystals by turning on our signal generators. In the excitement, we didn't notice that the output power was not engaged, so we were thinking the silver electrodes were powered up, but they were not. Never the less, we felt a subtle effect of energy coming off the top of the crystal. Embarrassingly, after several minutes attempting to connect our consciousness into the eye of our crystals by sensing it, we noticed the crystal wasn't being powered.

Upon powering the silver electrodes on the crystal, I personally didn't feel or sense any significant change than when it was not powered. It very well may be that my sensitivity or gamma brainwave level was not at the level to be able to sense the vortex singularity of the crystal. Maybe this takes greater practice in sensing it.

Jen Han: no need, my brother sent me the recording of your experiment. It went according to what we expected. I wanted you to experience the power of consciousness. This is something we are not supposed to tell you. You need to discover it by yourselves. "Remember". That is what I may say. The settings with your silver coins and the device work. It opens the vortex. But what works above all is the secret element you discovered: consciousness. This is the secret that was kept. Consciousness is carried on the vessel of brainwaves, just as it can be carried by the breath. That is why I told you to produce Gamma brainwaves, because it is the only way your consciousness can affect the Ether and the holographic matrix. When you focused your thoughts into the crystal you used Gamma brain waves to imprint your thoughts and desires into the matrix of reality. Yes, there are not much measurable difference because consciousness does the work.

Although, when you pulse an electric signal into the vortex of the crystal, longitudinal waves are generated by the pulses of the crystal. These compression waves affect the fabric of space time. Harvested, they are a tremendous power supply. In our pyramid generators, the central crystal receives the electrical pulses that will induce the crystal to generate these waves of energy. This pulsating, compression waves that are created, are harvested by the upper part of the generator. That is the top part of the pyramid. The angle is near 52 degrees. One degree variation can safely occur. This is why the receiver in your Vogel crystal has that same angle. Do you understand now? By nature of its cut, the Vogel crystal generates Phryll via the activation of the vortex, which procedure is performed via pulsation. Breath, electrical impulse, sound frequency, for the most commonly used. the receiver angle harvests it, and sends it to the emitter angle. It follows the movements in the toroidal field of the crystal.

Longitudinal waves are able to interact with consciousness, because the brain is an emitter and receiver of longitudinal waves. Longitudinal waves are the direct link with consciousness. So now you know, what the power of consciousness is. Coupled with the settings I guided you to build, you give consciousness a physical device to change the world as it pleases you. This great power, it is now time you know it. Experience it, but be mindful. Many predators are still on your planet.

Do not attempt to commercialize it for the moment. Keep it private. Train, practice, improve it. Wait for the right moment, when shadows have been cleared.

There is much more we need to talk about. Elena cannot withstand a communicate for too long, we will resume our conversation soon. I am residing in your star system for a while. I am not far.

Be safe, friend.

Dan Comment:

So you have confirmed that there is no problem with our equipment setup, and it is functioning according to Thor Han's recording of our experiment, showing that both Elena and my setup are indeed effectively opening the vortex when powered on.

Jen Han: correct

I remembered you once said...

"If you do not feel it with your mind, you are not connected to the crystal's central vortex. You need to have the connection if you want to imprint an intention into the planetary matrix. The new template of reality cannot bridge to the old, otherwise."

I was unable to "feel" it when the crystal was powered on, which may have to do with my need to further develop my abilities in the gamma brainwave level.

So even though I may not "feel" the singularity within the vortex, can I to some degree effectively imprint a vision into the matrix? Because I understood that if I don't feel it, I am not connected to the eye of the vortex in order to imprint.

Jen Han: no, it works, the vortex is activated, but when you don't "feel" it, that means you are very weakly connected to it. Tiredness and low energy can affect the experience.

Understand fully about the dark predators. I have no profiteering interest in commercializing the knowledge of this technology. My first priority is to assist in the positive transformation of Terra's timeline and work with others to do the same, as until the dark elements are no longer active on our planet, as until then, these technologies and the individuals working with them can be endangered I agree with you.

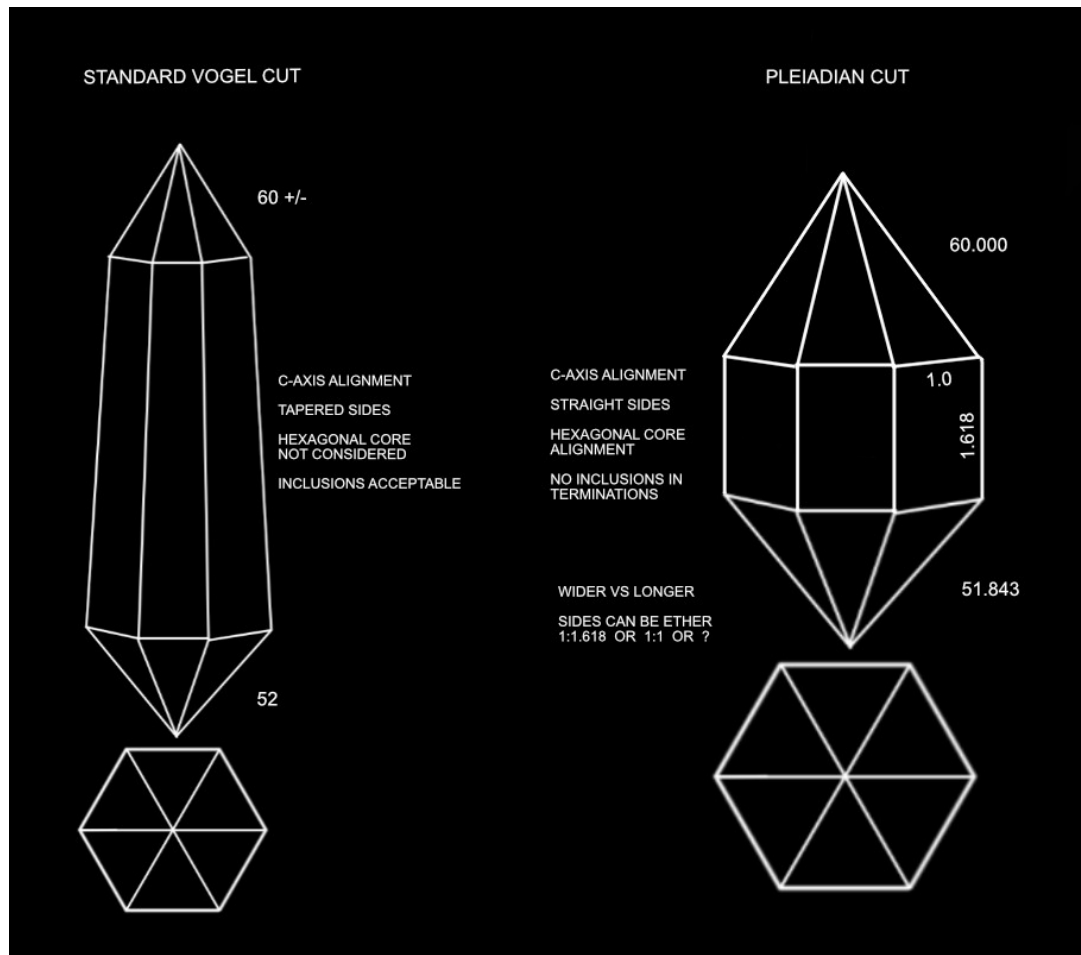
The other applications with this crystal technology that I would love to see put into application, besides healing our planet, is for healing and regeneration of our Terran envelopes and then how the Phryll might be used to enhance plant growth for agriculture for health robust plants.

Jen Han: Dear Dan, you can program crystals. It especially works when you imprint the programming while the vortex is open. The program will not whiter in time if it was imprinted into the open vortex. If the program is not imprinted into the vortex, so the programming will wither with time.

Once the dark elements have been fully removed from Terra, then things like power generation would be much safer to explore, as much as I would love to do that.

Extremely grateful for all your communications Jen Han. Thank you dear friend, I'm sure you have plenty to do besides answering questions from the people of Terra. We greatly appreciate your time in answering all our questions.

Jen Han: my pleasure, my Terran friend. I hope we meet some day.



With the consideration of the exact angles 60.00 / 51.84 aligned with the C-axis and the very important hexagonal core alignment. The sides are shorter and straight rather than tapered and long. The ratio of the sides could be 1:1.618 (Phi for aesthetics?) or even 1:1 or ? The idea behind this is giving the two vortex forming terminations a larger area to form larger vortices, instead of a longer crystal with smaller size terminations at the ends.

Jen Han: The shorter crystal will not produce Phryll, or very weakly, but it will be good with the work using the vortex, working on the holographic grid. As good as the longer crystals.

The size of the crystal will be similar so the "capacity" as Jen Han mentioned, would also be similar.

Again, based on what I've derived from Jen Han's statements this is a starting concept in moving towards in optimizing the crystal's formation

In our last communication with Jen Han he said...

"Breath, electrical impulse, sound frequency, for the most commonly used. the receiver angle harvests it, and sends it to the emitter angle."

Wondering if Jen Han is suggesting that we could also augment our setup with a particular sound frequency?

Jen Han: My scale of frequencies differs from that used on planet Terra. We do not use the same scale of time so the numbers for the frequencies are different. Although, yes, you can broadcast sound frequencies. I will need to convert into your time scale.

Elena: Is the tuning fork called "crystal activator" 4096 Hertz useful in that regard?

Jen Han: I will need to verify.

Elena: I will try it next time when performing the experiment, and see if there is a noticeable difference.

He also said...

"Do not attempt to commercialize it for the moment. Keep it private. Train, practice, improve it. Wait for the right moment, when shadows have been cleared."

Jen Han: What you shall not disclose is how to produce Phryll as a source of energy with a crystal. It would be useful for humans of Terra but not for you. It could challenge your safety. This is taken care of. I was told that the mission you have chosen consists in teaching the Terrans how they can change their reality. You always knew this. Teach them how to activate the vortex, and how to modify the holographic matrix. In any case, there is a component that is kept secret when it comes to produce Phryll energy. As you may know, Phryll is akin to gravity waves. It is available everywhere on and near this planet, stars, and any object that induces gravity. Electrical pulses through the vortex of the crystal emit gravity waves. These waves carry Phryll but it is not noticeable until you interface these waves with a conductive body, object, material, planet or else. It passes through it and you can measure it. For Phryll to be harvested directly from gravity waves, you need the hidden element.

In regards to keeping it private. I have been sharing all of our information openly with the public. Is this something I should cease doing or limit what is shared?

Jen Han: I answered this just now.

Can dark elements use this knowledge potentially in nefarious ways, or are there safeguards in place? I will honor whatever Thor Han and Jen Han suggest.

Jen Han: They could use it for nefarious ends that is exactly what I meant. You don't want a second Atlantis disaster. You have lived there, you were there, you know.

New Session of Questions with Jen Han

11-1-2022

Hello again Jen Han my dear Pleiadian friend,

Once again, thank you for the all of the knowledge you have shared with us that has helped connect together more clearly many elements. Especially thank you for your direction on the construction of our crystal devices that will allow us to more effectively affect Terra's planetary matrix toward a positive timeline. It is an invaluable tool you have given us!

I continue to work on developing both a level of gamma brainwaves and sensitivity in connecting to the eye within the crystal's singularity vortex in order to effectively imprint into the matrix. I do this only when feeling inspired and are able to create a clear image of a positive timeline formed in my mind's eye in order to pulse and project it clearly into singularity vortex, along with a feeling of love for all beings. I know I need more development and any further suggestions are always appreciated to help move our timeline into the beautiful new reality that is unfolding for Terra that is free from the shadow elements.

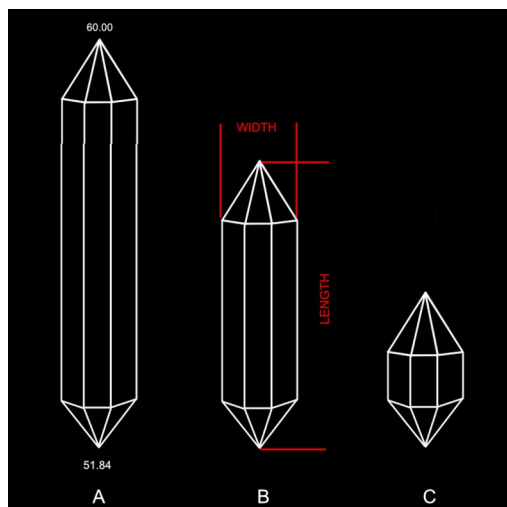
Questions:

1) I would like to finalize thoughts on the optimal formation of the crystal's width/length ratio

For the purpose of creating the vortex as well as the generation of Phryll using crystals with straight sides to stabilize the currents verses tapering the sides. The tapered sides appear to be more useful for healing crystals to accelerate the piezoelectric current for projecting Phryll.

Since the shorter shaft of the crystal as in (C) in the below illustration will only be effective in creating the vortex but not creating Phryll, but a longer shaft will generate Phryll. What width to length ratio will optimally generate both Phryll as well as the vortex?

In other words, not too short and not too long, but optimal ratio of width to length



JEN HAN: One third of the height for the width is in general a reasonable ratio, but I have a preference for longer crystals, as you can have a good balance in the properties of the crystal. I do not have specific numbers to give. By the way, I salute you my Earth friend Daniel! It is always a pleasure to cooperate to your researches. I wish your civilization would accelerate its awakening to the truth that is still hidden from the inhabitants of this beautiful planet, by some governments. Thor Han told me you are doing a good work of defending this truth.

ELENA: I agree with you Jen Han, Dan is amazing and very dedicated. Are you still learning with the Seeders onboard their ships here in this star system?

JEN HAN: Yes I am! I study with them about the genetic building blocks of life. I made friends. I want to keep on studying with them. When I complete my certification in Starmaking of course.

2) Why does the longer shaft permit the generation of Phryll, whereas the shorter shaft won't?

JEN HAN: You want the dynamics of the piezzo-electric field to be directed upwards in order to generate a movement within the shaft of the crystal. The longer the crystal is, the faster the Phryll will circulate and in consequence, more powerful will be the energy created. It is a matter of debit. From bottom to top.

3) As we conclude this discussion for the optimal crystal formation, is there any other factors that we did not cover that you feel are important to note?

Based on this information, if we wish to produce another crystal we will be able to use these specifications as a guide for the crystal cutter for it's optimal formation.

JEN HAN: I believe I told everything you needed to know.

4) In our last communication you mentioned sound frequency...

"Breath, electrical impulse, sound frequency, for the most commonly used. the receiver angle harvests it, and sends it to the emitter angle."

Could we augment our setup with a particular sound frequency (*you said you may need to convert the correct frequency to use based on our time scale*) ?

Jen Han: My scale of frequencies differs from that used on planet Terra. We do not use the same scale of time so the numbers for the frequencies are different. Although, yes, you can broadcast sound frequencies. I will need to convert into your time scale.

JEN HAN: My brother can do that now. 1496 Hertz of your scale. 644 Hertz, 587 Hertz. Chose the 1496 Hertz please. Works best, but not in direct contact with the crystal, it can breach it.

5) When your time is available Jen Han, Elena and I would love to learn this:

" You can harvest Phryll by yourself, in a more natural and safer way. Your DNA is composed of micro vortices, that you can activate with your consciousness. I can show you how to do this, it is simple but it requires a lot of practice. Once you complete this training, you can feed from Phryll and you need little food."

Jen Han: I will show you soon, but also others can if I cannot.

When feeding from the Phryll. I am assuming it will assist regeneration and help to alleviate disease and deterioration of our Terran envelopes?

JEN HAN: It does. All is about reconnecting the Hydrogen links between the chromosomes' intra elements. This is a question that is exciting, because I am learning this onboard the Intergalactic Confederation ships. DNA can be transmuted into a stable state of auto-regeneration, once you unlock the blocks that keep the strands disconnected from the morphogenetic field of the universe. Longitudinal frequencies can do this, but your mind also can. If you know how to harvest Phryll it can reconnect these links within your body, with work and patience. Gamma brainwaves are the first step. Then once you have secured and protected your energy field, you consider your body as a crystal. Don't mind your legs, sit on the ground with your back perpendicular to it. What matters is the trunk from crotch to top of the skull. Open your lower energy wheel (chakra) and create an electro-magnetic current that will flow upwards. When the current meets with the central vortex (heart), it will activate it. It is by this vortex that Phryll enters. Work your breath just as you do for a crystal: short sharp pulsations, directed inwards into the heart vortex (it slightly compressed your sternum at each pulse). This harvests Phryll. Visualizing increases the result. As the dynamics of the elctro-magnetic current already flows upwards through your energy centers, it will drive the flow of Phryll and Phryll will start to enter also via your lower base center (root chakra). I tell you why, as I just said that Phryll only enters through the heart central vortex: because when the Phryll is harvested by the heart vortex, it will be caught by the elctro-magnetic dynamics flowing upwards and it will adopt the dynamics of your human natural electro magnetic toroid field. As such:

Heart vortex>>> upwards>>> out through top of the skull>>> cascading down on the sides following the toroidal field construct>>>re-entering through the base energy vortex>>> up again...

You build up your energy and you become a generator. Because you are not a crystal, you do not saturate harmfully because nature is great: the excess of Phryll will be spread out into the Aether. Unless you want to harvest it into a device.

The hydrogen bonds will be re-paired. Do it regularly to obtain results.

6) Our primary interest has been to affect positively the timeline of Terra's planetary matrix. This is a priority, as I sense a beautiful incredible future is awaiting once Terra is liberated from the dark elements that have withheld this future using secrecy and deception. So this has to happen first before much more can be released.

Again, so grateful for this tool you have given Elena and I to imprint a reality into the matrix. I will continue to work with Elena and teach the public online with the collective power of a group of minds using their crystals. *(more of the public are purchasing Vogel type crystals for this work)*

Our other two interests is using crystals are for our body health and also if there is a way to accelerate the grow of plants for food by feeding them Phryll. Let us know if you have any suggestions in ether of those important secondary areas.

I am with you dear friend, I too don't want an Atlantis replay. You said "You have lived there, you were there, you know." I was not aware of my past Atlantean life, do you have the ability to view that past life of mine is why you said that?

JEN HAN: Dear friend, I do have this ability because we have devices that are able to read the consciousness field. I cannot do it with my mind only because I would need to connect directly with you and ask for your permission. Also, Thor Han tells me that you need to remember by yourself in order to reactivate certain parts of your consciousness. I am not allowed to say more, only that you were a scientist and attendant of one of the generators. Your field of expertise included medical holographic science. You were there at the end and you left before the great disaster, as you were part of the teams who traveled either side of the ocean to concealed the knowledge and technology deep underground in secret places. I must not say more, at least for now. I hope my questions were satisfying, please, do not hesitate to continue this pleasant adventure together.

Your friend from afar.

New Session of Questions with Jen Han

12-2022

Hello again Jen Han my dear friend from afar,

Wish to express gratitude to your older brother Thor Han, to allow these communications to occur, and for helping us Terrans to liberate our planet. I salute you for taking on this task.

Jen Han, I greatly appreciated you helping me understand my ancient past in our last communication with my involvement with the science of crystals during the time of Atlantis. This explains my interest possibly stemming from my soul's memory.

You have greatly contributed to our understanding these sciences which Elena and I are sharing with the Terrans to assist the liberation of our planet with these tools using our consciousness. I know we have a long ways to go, but your knowledge has helped us to begin to bridge this understanding.

Elena and I have been doing the exercises you shared to transmute our DNA into a stable state of auto-regeneration and we are both experimenting with little variations of the exercise.

During the exercise I activate my crystal for the Phryll to emanate from the vortex to fill the environment and I am augmenting the portal opening with the sound frequencies Thor Han gave from a speaker about 12 inches from the crystal.

Should I only do a constant 1496 Hz? or would it be alright to sequence the three frequencies repeatedly 587 Hz, 644 Hz and 1496 Hz ?

JH: Well first my dear friend from Terra, I want to salute you for your ongoing efforts to bring knowledge and liberation to the Humans of Terra. This beautiful planet. You know, the scientists of the Intergalactic Confederation worked relentlessly to assist this planet that it develops a great variety of life forms without too much interruptions and obstacles. You may say that obstacles are of assistance for our evolution, but there are two kinds of obstacles: those that make you grow and those that stop the growth. In any ways, I am learning a lot in science, and universal consciousness and laws, onboard the Altean ship. I am having good time. I will be a great starmaker! I am glad that you are enjoying the training and that you are maintaining your body avatar in good shape. Aging comes by levels, doesn't it. It comes by temporal waves. All you have to do is diminish their impact. Your genome was altered as you know, and this practice of harvesting Phryll is helping your genetic sequences to re-bind their broken links. You are asking me if you must pulse a constant 1496 Hz, it is not necessary. It is best to pulse for a few seconds and then let the particles adjust their rate, then do it again after a while. Feel the particles telling you when they are craving for more of this frequency. You can also sequence the three frequencies and play this sequence intermittently. I hope this makes sense to you.

Questions:

1) General questions

On your planet when you form crystals, do you mine the crystals that grow naturally within planets like we do on Terra? Or do you grow the crystals and then form the terminations for the purpose of the crystal?

JH: Crystals are mined everywhere in the universe, when it does not disturb an environment. When you take crystals off an environment, the frequency of this environment changes slightly. So more commonly we grow them in our making-places. The growth does not include artificial ingredients; the growth is natural, simulated by frequencies. I know that you are going to ask me for these frequencies, but it comes with holographic devices so I cannot help here.

Does extracting the planet's crystal deposits have any determinant effect on the planet, or is it minimal?

JH: I just answered this.

I am assuming clear quartz is the common crystalline element you use for most of your crystals?

JH: Yes, of course, clear transparent quartz is the most elevated state of solid matter in this universe! It is the purest.

Do you use small hand held crystals like Elena and I are using, do they use the same specifications you have given and how do you use them?

JH: I do not understand your complete idea in asking this question. Myself, if you are asking about myself, I love playing with small crystals that hold in the palm of my hand. I levitate them and I make them sing. It is enjoyable, very much.

E: Jen Han you told us that it is dangerous to make a crystal sing?...

JH: (laughs) not THAT singing! Not with an electrical pulse going through it. I make them sing with my mind.

E: How do you do that?

JH: A few millennia of biological evolution and an Ahel brain (laughs)

E: Can an Earth Human do it?

JH: Yes, with practice.

E: So... how can I do that, with my Earth-Human avatar retarded brain?

JH: (laughs) Sing your frequency through it. That is all I can say. You need to find out and, remember how you used to do it, when you occupied an Ahel more advanced avatar. Your intuition will unlock this ability, which has imprinted your soul memory.

E: Ok, I don't think Dan has ever occupied an Ahel avatar?

JH: He has, once. In the future of your timeline.

E: So he can try to remember as well?

JH: Yes he can. He will have great enjoyment. It is harmless and very enjoyable. Sometimes, it creates colors.

E: Like the Nhor people do, from the Daran system?

JH: Yes.

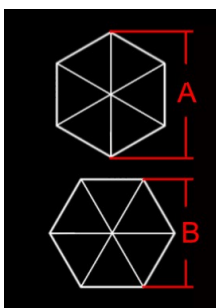
E: Ok, next question now.

I understand some crystals, such as the “Fire Crystal” of Atlantis was massive in size and I am curious how such a large crystal was able to be obtained?

JH: It was brought from the Altean homeworld. I do not know how they produced it. I will ask.

In communication with our crystal cutter to form what we call a “Vogel/Eredyon” to note that it is cut respecting the hexagonal core so that the Terrans can have more effective tools. Besides the 6 sided alignment with the hexagonal core of the crystal, we would like to confirm the following extra details for the crystal cutter to confirm and conclude on the crystal’s form.

2) Regarding the length to width ratio question. Is the width measurement measured as A or B ?



JH: B

You said a 1:3 ratio is in general a reasonable ratio, but they can be apparently longer.

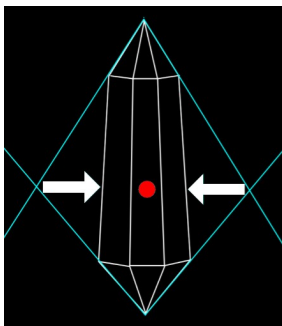
“One third of the height for the width is in general a reasonable ratio, but I have a preference for longer crystals, as you can have a good balance in the properties of the crystal. I do not have specific numbers to give.”

3) You said you have a preference for longer crystals, so I assume that the 1:3 is a general ratio and that the length to width ratio is not really that critical, as it could be any length longer, as the longer shaft crystals you say generates more Phryll. So then for Phryll generation, would it be correct to say that the 1:3 ratio to be a minimum shaft length requirement and then if the crystal has a longer shaft, that is not a problem?

“The longer the crystal is, the faster the Phryll will circulate and in consequence, more powerful will be the energy created.”

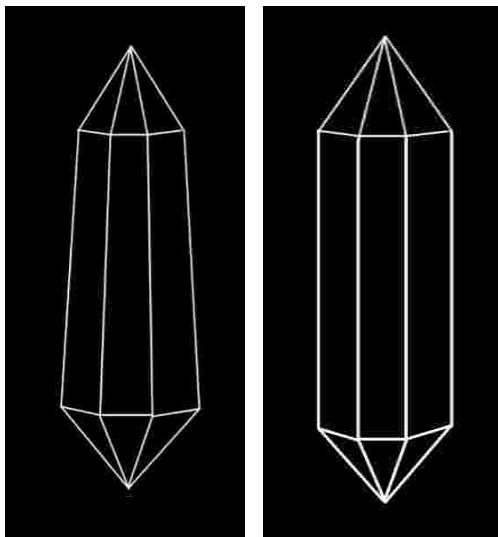
JH: This is exact.

4) Confirming that you said if there are quartz inclusions in the crystal, they should be avoided in the vortex area as shown as the red dot area



JH: Exact. Quartz inclusions if they are quartz, do not matter, except if they are in the area of the eye. Consider a horizontal discoidal area with the vortex at the center point. This must be unaltered.

5) Confirming that you said that tapered or straight crystals both work for the vortex, and that the tapered sides enhances the projecting of Phryll for healing operations, and the straight sides are good at storing imprinted patterns. But either are effective for healing work.

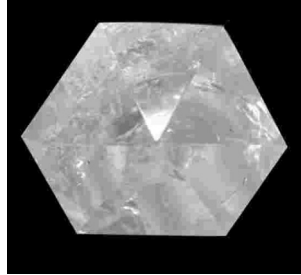


JH: Both are effective for healing work, the tapered sides projects the Phryll as a natural dynamics, I confirm. The vortex work is equivalent for both.

6) I am assuming it is always preferred to have the hexagonal form to be symmetrical?



Symmetrical



Asymmetrical

JH: Symmetrical. The second picture works also but chose Symmetrical for the best performance.

7) The exact termination angles of 51.843 and 60.000 can have what degree of error and still be effective? Such as 1 or 2 degrees of error?

JH: I do not know how to answer exactly, as it depends on the size of the crystal. The greater the size, the more you can vary the degrees of the angles. But not too much! Keep the ratio. You can go to 3 degrees of variation in the big crystals but for the ones that hold in the palm of your hand it is best to respect the original ratio. I do not know how to give you a rule with sizes. Keep close to the original dynamic-geometry ratio.

8) Dr Marcel Vogel believed for the Vogel type crystal to function properly and effectively, that the consciousness and intention of the one who is cutting the crystal is critical.

JH: I agree with him.

My thoughts are that if the crystal is cut accurately to the proper specification in respect to the lattice and being that quartz is programmable, that whatever energies were associated with the crystal during the cutting process can be effectively erased and reprogrammed to it's users intention and not affect the functionality in any way, would you agree?

JH: I also agree. But you know, when you cut a crystal, if the cutter imprints his high degree of consciousness, it will help the crystal to awaken. Love, is the state of mind the cutter is recommended to emit as a frequency when cutting a crystal. It is a very sacred act.

9) In regards to the importance of first clearing a crystal you said...

"There are methods of purification I can tell about, the best is to run the crystal through a sound scan. You need instruments that create a high frequency sound, or trained persons can clear a crystal with their own consciousness. These individuals have reached a clear state of mind. "

Is there a frequency we can project at the crystal to facilitate this clearing?

JH: 4096 Hz

Dr Marcel Vogel in his laboratory found two methods he was able to measure to clear the information stored in the crystal.

- 1) A magnetic bulk eraser (a strong magnetic field alternating at 60 times per second)
- 2) Pulsed breath with the intention to clear done with fingers on each of the opposing facets.

Marcel did not believe that the following methods were able to effectively clear the crystal. Do you concur?

Soaking in salt water

JH: It does not remove a programming. It cleanses low frequency imprints such as low emotional charges. Or stress due to the cutting and handling.

Exposing to moonlight

JH: It does not remove a programming. It cleanses same as above.

Smudging with sage

JH: It does not remove a programming. I do not know the properties of this herb but my guess is that it may only cleanse the aura of the crystal. Not inside. Smoke doesn't go inside of a crystal. Nor water, nor salt and so on. Only sound, light, consciousness, vibrations, magnetic fields and electrical pulses can go through a crystal, so it can properly cleanse and deprogram a crystal.

Exposing to sunlight

JH: It does not remove a programming. Sun radiations nourish the crystal and the crystal harvests Phryll from the sun when activated. Photonic light clears impurities in a crystal. Light also goes through it. Because a quartz crystal is solid light.

Burying them in the ground

JH: It does not remove a programming (laughs). I don't know what it cleanses but this may be related to what you call on Terra "magic" rites. I believe the magnetism of the planet, that activates the mineral particles present in the natural soil, can affect positively a crystal to change the electrical charge. I trust that the crystal may enjoy it. But not for too long, crystals need light. Some crystals can soak in a soil if it is too rich in iron, and tint it yellow or brown, you do not want this to happen.

Visualizing it is clear

JH: It CAN remove a programming if you put the intention of clearing it from all programming. Cleanses of course as well. Consciousness is the most powerful tool in this universe to affect the matrix of things.

Chanting sacred sounds

JH: It does not remove a programming unless the sound of the voice carries the intention above. Voice carries fractals of consciousness. Voice is a carrier that affects the matrix. Chanting without intention/ consciousness does not deprogram a crystal. It must not be a passive chant but an active chant.

Various Sounds i.e. bells, bowls tuning forks

JH: It does not remove a programming but certain frequencies cleanse crystals from low vibration imprints. 4096 Hz cleanses to purity. Coupled with conscious visualization, it removes programmings.

You understand: a crystal may be: unclean and not programmed. Unclean and programmed. Clean and programmed. Clean and not programmed.

10) All of the information you have shared should be able to give our crystal cutter all the necessary specifications to form what we are calling a Vogel/Eredyon cut crystal to differentiate it from the regular Vogel cut crystals that do not necessary align with the hexagonal core of the crystal. Is there any final considerations that you can think of to pass along to the crystal cutter as we conclude the details on the crystal formation?

JH: not that I can think of. It has been a real pleasure to communicate again with you! Elena was reconstituting your voice in her mind as she read the text, so it was as if I was talking to you directly. Amusing game! I hope to do this again soon. It is a real enjoyment.

Again, thank you my dear friend from afar!

**Be well my friend from not-so-far Terra.
Jen Han.**