

## THOR HAN & SHAYA

**Thor Han:** I will need today to tell everyone who are listening to keep hope. I know there is a lot of fear, but you will tell your grandchildren that in these times you were there, when the darkest night of the human species came to turn and when you saw hope rising from the horizon of your future, you were there, heart beating, steadily filled with hope and determination. You were there because you were chosen to be warriors, soldiers, in this time when the Terran human species just ended this longest night and walked away towards the sunrise of this new dawn. You were there, you will tell your grandchildren, and sometimes you will tell them that you were quite scared but you never lost hope, and you never let the shadows get at you. Sometimes they tried to trigger your mind but never did you fail, never did you ever fall into that trap because you were the warriors, and your grandchildren being born in a world of love, light and fraternity, will look at you with amazed big eyes, and they will say: “we cannot imagine, tell us more of this old world”, and you will tell them: “I was born in the old world and I have seen it dying, and I have seen the rising of the new world, and this new world, myself and all the others of my generation, we built it for you, our children”. And your children and your grandchildren will look at you with admiration and gratitude, because you understand, you are the last generation who will have seen the old world. So be excited, be proud, this is now, it is happening, do not let your minds be subverted by illusions, by false promises, by fear, by dissensions and fights, you are the transition, you are making the transition happen, be proud, this is my message, we are watching you.

**Q: *Are Egyptian feline gods representation like Sekhmet or Bastet, based on the Laan race or is there some other feline races involved in that?***

**Thor Han:** The Laan had an influence and some ancient representations are reminiscent of their passage on Terra, and this was an inspiration for the depiction of these gods. The cat and the lion animals wear a memory of them and the remaining sense of their presence, all I can say is this, it is a reminiscence. Egypt is very old, very ancient with time mixes myths and transforms them a little and the longest is the civilization the more transformed are the myths, yes, there were different races, the Laans were there, the Zeta was there, we were there, there were many people there, Anunakene were there as well, I do not know them all but Laans had a very big impact, Ciakahrrs were there as well.

**Q: *About Sumeria, were the Kur and Karistu race, allied with the Anunnaki?***

**Thor Han:** Kur from planet Dillimuns bird like creatures with humanoid bodies, Dillimuns is their world, Orion, Uru An Na zone. Kurs visited Mesopotamia, they were there and working with Anunnaki. They didn't stay long, there were conflicts between them and Anunnaki and they left. They were fighting against Ciakahrrs occupation already.

**Q: *Travelling in a merkaba and then creating a physical form at destination:***

**Thor Han:** There is a way to crystallize the light being to reshape the structure and the pattern between the atoms and the molecules to densify the light being. There is no avatar involved,

there is only one avatar and one soul, the avatar stays on Terra and the light being leaves the avatar and materializes regard to the density it visits, this is a skill that is difficult to gain but possible, you need to train for this indeed. There is no second body, it's a materialization, it is density shift.

***Q: Ever since I started wearing my quartz merkaba I have been generating electrical currents from my hands.***

**Thor Han:** That is possible, you just activated your lightship, the merkaba energized its shape, so electrical current coming from your hands means you need to shape your lightship, it needs to be structured and once you will have structured it with your hands' energy, you will be surprised. You will be able to travel interdimensionally and use your consciousness to project yourself. Merkaba is something that Ahil use a lot, Noor as well. You need to spread your hands on either side of your body and with your mind direct the energy that comes from it in the shape of the two inverted pyramids. You will feed it all around your body, you needs to draw in the air around you the three faced pyramids, well four faced if you consider the base and once it will be done, the electrical field will be all around you, and it will form the merkaba, the light ship. Your energy field is activated and it needs to be controlled and shaped. You can also use it to send energy at distance, you can use it to heal, to transform, to shift, your power has been activated.

I have a surprise for everyone tonight, we have been allowed to perform communication with this my guest. My guest is someone visiting this station, who comes from Erra, my world, this person is someone from my family and this person is my elder sister, so you can ask her everything you want, she agrees to answer your questions, she's very excited to do so. My sister is the guardian of the activator in a valley, an activator is a device that transforms energy from Phryll to free energy for the environment, the city, the people, it's a power plant, you would call it a temple. She is in your words a priestess of a temple but for us, it is more a technician of a power plant, and this is one of these generators that we are trying to give you, the plans, the drawings, the techniques that you are about to create to power for free all your planet, we've given to you this knowledge for a long time. My sister is a technician working in such a place, she calls herself priestess for you to understand better, but I guess you've understood the analogy. I briefed my sister not to answer certain questions.

**Shaya:** I see you on the monitor, my name is Shaya, I am Thor Han's elder sister, and I am very excited to speak with you. I was born in the Eldoran Valley on Erra, on the big continent, and I am guardian of the Phryll generator of the Eldoran Valley. I am as my brother explained to you a technician, a guardian, I work at the maintenance of the crystals that power the generator, the generator is what you call a pyramid made of a certain mineral which is crystallized, this is my work. As well, my work involves spiritual energies. I was chosen for this work because I have the spiritual abilities to shift my body and my being to different planes of existence and consciousness. Because Phryll comes from Source, and I am able to connect to 13 density (Source), this is why I can channel an anchor Phryll into the device and the device functions. We are six guardians supplying the device with the Phryll that we channel, we do this every day. For the moment I have chosen to retire and visit my brother to witness the changes on your planet and this is quite a moment I wanted to be here and be beside him to see this. Someone

is replacing me on Erra and this is my work. I am Thor Han's elder sister, we are three children, we live in the Eldoran Valley.

***Q: How Thor Han was as a child?***

**Shaya:** He was a very wise child, but sometimes he was a bit cheeky, he was a bit funny, and he liked to play pranks to others. He liked to play an instrument and he was very passionate about it because he loved music, so our father sent him for a year to the city to learn how to play this instrument, and when he came back he wanted to be a pilot to explore the stars, so this was another trouble because he was too young. Thor Han has always been a very dynamic child although wise because he is an old soul, he has accumulated wisdom of many, many lives but as a child he was very passionate for a lot of things. He would leave something and find a new passion, and then he would find another, but music has always been his first love. Music and sound. He used to sing a lot. The instrument he did play has strings made of metal, and it has a wooden frame, similar to a little harp, or lyra. He is very skilled at playing it and singing it.

***Q: How old are you?***

**Shaya:** in terran years I am 160. We do not count years the same as you do. Our planet's orbit takes longer to orbit around Ashara, so our years are longer than yours, this is why there is a difference.

***Q: Do you have one central pyramid made of solid crystal?***

**Shaya:** There is not one but the main power generators, there are 12 of them, they are in the main cities and there are relays in the countryside in the villages such as in the Eldoran Valley. The power plant to which I am signed to is quite small. They are all on hills to be able to harvest Phryll more easily, there is not one central because it would be dangerous, it is a web. When we harvest such an energy we need to dispatch the centers, if there is only one center only, it is like a sovereign or king, once you take it you control the whole planet and this is not happening, so there is not a central one.

***Q: In the one that you're in, how do you harness the Phryll into the pyramid?***

**Shaya:** It has to be brought into the crystals, so there are six crystals that are around the main central generator, the six crystals around are harvesters, and they harvest the Phryll and descend it, they focus it in the center into the central device which is a crystal device, pyramidal shape. To harness the Phryll we need people like me, some people who are called guardians, but we truly channel the Phryll into the crystals, we create the flow and the crystals around the six crystals store the Phryll and once they are totally complete and packed up with this energy they send it, it creates an impulse that sends it, and we also create with help these impulse, we may mainly control it by sound and impulsions, there are devices plugged to all of these six crystals, and these devices are sending impulses and these impulses send impulses through these storage crystals who direct a beam of Phryll very concentrated, you would see it like a light beam or laser, it is your name for it, but it is not light, it is Phryll, it is energy, and it has the color green, when it is focused like this. Then the central crystal which is pyramidal takes it and on the top of it there are other devices that harvest it and send it to the main web of energy supply.

My job is to make sure that the Phryll is harnessed by the six crystals. I am assigned to one crystal, this is my storage crystal and I guard it with my life, actually someone else does it now for a while. My ability to harness the energy is crucial, you need a living being, a life form for the machine to work, the machine by itself doesn't work because you need consciousness to connect to source and that is what the guardians are, they channel it, I am one of them because I have this ability.

***Q: What kind of crystal are these crystals?***

**Shaya:** These crystals you do not find them on Earth, we had imported them a very long time ago when we created the colonies on Terra but it was destroyed because other people especially The Ciakahrrs Empire, they wanted to take it and there were horrendous wars, and it really harmed your planet. So we needed to destroy some of them and take them off world back to our worlds. That was our lesson, we ever brought any of these devices to an inferior world unless it was secured. Now we keep them only within the worlds member of the Federation because the worlds protected by the Federation are safe.

***Q: About your other sibling, who is the third sibling?***

**Shaya:** It is a younger brother, and he is on Erra living with our parents, we live in a lovely house which is round, and it is made like most of the houses on Erra, and I have to say, everywhere in the galaxy, with materials created on Ashkera. This material is our beloved way of building our houses because it is so beautiful. When you see it from outside it shimmers like crystal under the light and when you are inside you can see through it as if there were no walls, but our privacy is kept safe. So we live in this house, I live with them because the generator is not very far from our house.

***Q: If you want to eat something, is there some type of replicator that creates the food?***

**Shaya:** Yes, we have devices that can create food by the right molecular association, yes, we do that. We have this but we like to cook. I do not like to cook, I like these machines, I have to say, even if they are too modern. We can choose that, it is very handy, yes.

***Q: Do you need to grow a garden if you have a replicator that actually already provides what you need?***

**Shaya:** No, it is limitless storage of energy, it works also with Phryll, it's just rearrangements of particles, there is a storage of energy and this energy can be rearranged in regard to the code we want into food, but we can as well replicate anything that is not containing life or consciousness. Of course you can replicate an object, but most of these replicator devices are set up to replicate only food, and you need to have an authorization to have the right to replicate other objects, it is very well regulated because imagine you could replicate weapons, we do not replicate weapons but if someone steals the machine and starts a war by supplying weapons, so these replicators are set for only nutriment.

***Q: Is that where you get your water from as well?***

**Shaya:** We get water from the ground. We can choose to have liquid drinks by replicators but we value water, and especially the spirit of water. Water has a spirit, and it nourishes our bodies

because our bodies are made mainly with water, we have the choice to have a liquid replicator but all, although I like the food so did replicator. I like the water from the ground, this is a choice. There is a spring near the house, and there is a lake at the bottom of the hill. We can take water from the lake.

**Q: *When you want to cook, what kind of food do you like to cook?***

**Shaya:** We like to cook vegetables and spices, spices we get from special fields and forests on our planet. We like these spices. I wish you could taste them. They are very nice and smell like flowers, and they're very strong.

**Q: *Do you grow gardens in your home for food?***

**Shaya:** Yes, my father has a garden that he likes very much where he grows food because my father loves cooking. Our father is very much in love with cooking and the art of food and nourishment, and on Thor Han's station they have a greenhouse where they grow as well food for those who want to eat it, and mainly they want because they all miss their planet. There is not only Errahil on that station, there are also many other races from other parts of the galaxy and the Greenhouse is very huge and not as huge as the one on the science station, but we grow everything that everyone need there.

**Q: *Someone had an idea for Thor Han to give Elena some recipes.***

**Shaya:** You need the same spices, and it is not the same fruits and vegetables, our stomachs and digestive systems are used to specific enzymes, and it is difficult to adapt.

**Q: *Tell me about the seasons on Erra***

**Shaya:** We have five seasons on Erra, it's a big planet and the fifth season doesn't occur everywhere, only in the equatorial zone of the planet. We have rain, snow near the poles, we have sunshine, and we have all different kinds of winds, cold winds and warm winds and perfumed winds from the south, my favorite ones. When this wind comes in the valley and shivers the waters on the lake, it gives me the desire to dance. I like to do it as a pleasure. Before he left, my brother used to play Goomba (the little harp), I used to dance and he was singing, and we liked this very much, but then he had to live and become a pilot for the Federation. He left and came to work here, far away from home and I miss him, so sometimes I visit, and sometimes he visits when he can. I takes four hours of your Earth to come from Erra.

**Q: *When in the valley where you live, what kind of weather do you have there?***

**Shaya:** We are close to the equator, it is a temperate zone, we have four seasons here, the fifth season is the short season of heat that occurs only in the equatorial zone.

**Q: *Do you have just a central Sun like we do?***

**Shaya:** We have a double star, the main one is blue and there is a little one that is orbiting around it, a smaller one, it is a double star system. We get a lot of energy and vitamins from the light of the two stars, it is a soft light, very gentle on our skin and our skins are very photosensitive and adapted only to the Sun of our system. The blue one, Ashara, the one you named Taygeta. This is why we cannot visit you without special suits because your star is

harmful to our skin, the radiations do not fit our skin, so we wear special suit when we need to come on your planet. This is why you do not see us very often. We can breathe your air but Ahil as we are cannot stand your Sun, the Taal can breathe and stand your radiations but not us.

**Q: *There's something called the Nazca Lines in Peru where it's a huge drawing of a man in a spacesuit, do you happen to know if that's representing you?***

**Shaya:** Thor Han is showing me on the monitor a picture of these strange designs. He said Ummit, Orela and different other species were there who did that to leave a message, it is an encrypted message to leave to humanity, I repeat his words and that humanity remembers the story depicted with the animals which represent constellations, oh, these guys could represent constellations, a detail where the different visitors came from, this is interesting.

**Q: *How long are you on the station for?***

**Shaya:** I am here for a month, I'm visiting, enjoying the facility and bothering my brother. I met his good friend Myrah and I love her, I visit her also, I go to the science station. When I am too bored by their military procedures and seriousness, I go and visit Myrah which is now my friend. We speak about him, he's asking me to stop. Thor Han says tell them I send them love. I am very curious to ask you many questions about your planet and your culture next time. All my heart is with your hearts, all my thoughts are with your good thoughts and may we share the greater consciousness of Nataru, your, our, my galaxy. We are all together in the same embrace of love.

**Elena:** I love her, her energy is vitalizing, she's so high energy, amazing, I love her. I'm going to connect with her more often because she's like a medicine of joy, 5D energy, she's so 5D, if I had to describe the 5D feel, that's her, so amazing.