

## THOR HAN

**Thor Han:** I was last night doing a report to our outpost on Jupiter and I heard some noise, some words that there were a lot of manipulation and infiltration on Terra, and that many people were used to spread false information against the Federation. I had a conversation with my contact who is very close to the Ashtar on Jupiter, and he told me that I was authorized to disclose some of these elements. I will not name anything or anyone specifically but there are points I need to clarify. The first point concerns your satellite that you call Moon. There are wrong informations about your satellites. Your satellite is not the cause of the darkness on Terra; your satellite is a natural planetoid that was captured by Terra's orbit. The evolution of Terra in a higher density is a natural process, the whole universe is going through, every part of the universe in their own speed and pace. I need to specify that Terra's Moon is not a metallic spaceship but a natural one that has had mining operations going inside. There are a lot of cavities underneath, occupied by two evil alliances. The Ciakahrrs Empire that you name reptilians, and The Nebu Alliance from Orion which is the alliance of those you name Greys.

This is something I wanted to rectify and specify, something I heard as well, and it is quite important: The Galactic Federation of Worlds that we call The Galactic Federation most of the time is called sometimes on Terra by some people: Galactic Federation of Light, because this is how they see it. Our name, the name of this great alliance I am working for is *Oraa Nataru Shari*. Shari means worlds because it is a Unified Alliance of Worlds and Cultures, this is the real name, I need to specify because some people are calling it like this. This will seem to you stupid and ridiculous, but this is what is spread against the Federation to give it a bad name and turn your hearts away from it. The Galactic Federation of Worlds is not ruled by a reptilian queen, this is what is spread also, and it is not responsible for all the miserable things happening on Terra. There is as well another misconception about a planet that once was between those you called Mars and Jupiter, this planet's name was Janos / Maldek, it was occupied by many colonies and the most important of them was a colony of Jadai who are subspecies of Anunnaki. There was a big war between the Federation and the Maytra, tall Grey reptiloids. Planet Janos/Maldek was destroyed and this is now an asteroid belt. The name of the planet was not Tiamat. Tiamat is the origin world of the Ciakahrrs in another dimension, another species of this star system that are named Tiamatans expelled the Ciakahrrs into this dimension through a vortex which is near the star named Thuban in the constellation you name Draconis. This is for the story of the name Tiamat, there's a lot of confusion and I have been sensitive to these things because I do not like lies and I do not like anti-propaganda. I know my heart speaks a lot tonight, and the ultimate thing I want to specify is: The Galactic Federation of Worlds is benevolent, protects peace and maintains balance in this galaxy. There are several circumscriptions in which we work, 21 of them which are spread in seven galactic districts. The race that mostly runs the high positions are the Ahil but we are not the only ones; Ohorai, Ummit, Meton are also at the high positions in this federation.

The Ahil are doing a lot for Terra at the moment. This is my species, we are very active into helping you, we are very active into avoiding you catastrophes and in fighting for you, exposing our lives, fighting in the undergrounds, fighting in your skies and of course there is a propaganda against us to make us look strange and no good. Among the many propagandas I have heard is that we are a society based on disbalance, that females and males are in a disbalanced social ratio. There is a big propaganda that says that the females of our species are superior to the males and have more intellectual abilities, that they are more considered... how do you think a civilization as advanced as ours would still strive in such disbalance? Our spiritual evolution has reached a stage and a level that encompasses with harmony our differences as a whole, as a complement. Males and females in the Ahel society are equal in rights, power and social positions, this is a stage that you will reach very soon because this is part of the evolution of any society. Some propaganda say that females are procreating themselves, there is a word you call it Parthenogenesis, that means female creates a clone of herself and she reclones herself and gives birth to herself, this is possible, but we do not do that. Our society is built the foundation of love. Love is our spirituality, love is our way of being, spiritually and physically, love is something that is part of our days and our nights, we love to make love between males and females or among the same gender. What is important is not the gender; it is love, pleasure and spiritual attainment of ecstasy, why would we go in such practices that totally obliterates these love practices? You know who does this practice of cloning itself: the Greys, the Nebu do that a lot, Maytra, Kiily-Tokurt, Xrog from Reticuli, they do this, they can clone themselves, so think about who spreads these lies.

There is so much that is said about the Ahel to darken us, so when I heard all these lies last night I felt something needed to be said. I have much more to say, but this will take too much time. I want to apologize I'm a bit cold tonight saying all these things because they matter to me, because I have been on the front line on the battlefield and seeing the name of my species darkened, the name of the Federation for which I work and which I honor for the work for the light with unconditional love that they perform, for all those who die for you, and hearing that Terrans believe these manipulations that are performed by your Deep States, by the Ciakahrrs... This is very serious, poison has been spread and people drink it. The Galactic Federation is here to protect you, to help you grow up and hold your hand through the threshold, through this rite of passage of your species. We are here, we are your galactic family, the reptilians such as Ciakahrrs are not your allies, they are not ours either, this is important, manipulation and infiltration is everywhere, this is my point.

***Q: There's a group allegedly coming from Taygeta providing counter-information of all kinds, Swaruu Anéeka of Temmer. How can we help people discern whether what they're seeing is true or not?***

**Thor Han:** They need to stop listening and find for themselves. You all have the ability to find the truth. When I connect to the center of the galaxy I see what light is and this light ignites my soul with beauty. I smile, and I know what is true and what is not, what makes sense and what doesn't. You know, when you connect to who you really are, you connect the cosmos, to the Source of all, and then it is only you in direct line with the truth and the light, and you know, you can all connect to your families, to your protectors.

People on Terra love tales, they love to be told stories, they want to dream, and these dreams take them away from what is really happening. That is why they are doing this, to take the populations in a matrix of dreams while they do their job. Infiltration is in many, many groups of Terrans. I always refused to speak about these matters but after what I heard, my heart needed to and I had the authorization to do so. You mentioned names, it is the names I am including in these manipulations, this is all fantasy, manipulation that started by truth, things that were corresponding to other things that could be verified, so that more and more people were recruited, anchored, hooked and then once everybody was listening with an open heart, the poison was spread, drop by, drop by drop until now. They all drink it at the bottle, their minds are asleep, the poison is sweet, but it is sour as well. I rarely speak like this, I always want to speak about nice things but sometimes truth needs to be told. You all walk your path, be careful.

***Would a pendulum help someone figures out the truth?***

**Thor Han:** The pendulum is very fluctuant regarding your brain waves. You need to be in the right brain waves. Pendulum can be influenced by what you want to see, so when it is concerning your desires, your fears, something that you want to know for yourself be careful, pendulum is a tool that is used in your own energy field, this is to be used very carefully. If you ask for someone you are not involved with emotionally, this may work. For yourself or something you want to know for yourself, to remove a confusion or because you are upset or confused, this is dangerous because if you are not very strong this will say what your subconscious wants to say, what pleases you. You can but you must be very strong. If you use it for energy work this is a fantastic tool, it is very good to use it like this.

***Q: Please could you talk about the notion of good and bad people in the Pleiades cultures?***

**Thor Han:** Good and bad are two concepts and two principles that are present in every living thing in this universe, or multiverse. Some choose to follow the path of their destructive instinct, some choose to follow the path of their constructive instinct but at the start we all have it both, so there is no properly good people and bad people, there are people who have chosen to walk one or either path, and it is the same for cultures. My culture, the Ahil, as chosen to follow the constructive path, the one we are trying to get you on to. We are five races in the Ashara system, there are other systems in the constellation you call Pleiades, there are other races who have chosen the destructive path, a group of Taal and a group of reptilians, now I do not know which you are talking about, the five races in the Ashara system where I come from have chosen the constructive path, so if you're talking about destructive path races in Pleiades, it can be with no doubt the star system you call Alcyone, and then it may also be pure fantasy manipulation making us look negative. So the question is very vague. Talking about negative people in the Pleiades it would be the Taal and the reptilians of Alyoneas you name it, Jayha as we name it. For those who are unaware, Ashara is the real name of the star, named on Earth: Taygeta.

***Q: Will the Federation expose the deep dark state?***

**Thor Han:** It is not us to expose your Deep State, it is you, it is you to find out how to do this, this is how you grow. We are holding yours back, do not worry. But you need to do that yourself,

you need to see for yourselves who is the face of the darkness and who are his allies, The Galactic Federation of Worlds will not do this for you. This is childish for species to think that a more evolved species is going to come and solve their problems. In order to learn and become wiser, the child needs to grow, and we are assisting this child, holding his hand with unconditional love.

***Q: I'd like to know more about the Ashtar Command. What are the races that belong to it, apart from the T-Ashkeri, are they all from Sirius?***

**Thor Han:** This is amusing because I was very close to ask my contact on the Ashtar outpost on Jupiter to come and assist me tonight, he refused, this would have been interesting, yes, they are all mostly Ashkeru people, there are other races, the Ummit are very present in the Ashtar Command, some Ahil some Taal but mainly is the Ashkeru.

***Q: When did they start their independent path in Terran time, and when did they settle on Jupiter in Terran time?***

**Thor Han:** 100,000 Terran years, this is very vague. On Jupiter, I think 200 Terran years, when Terrans started to industrialize and more help was needed to watch over you because we never knew how things were going to go, and we needed assistance, but this was a time also when a Ciakahrs Empire was luring again against our defences and upon your planet, so we need extra help, that's why we asked a faction from Ashtar Galactic Command to come and settle in your system.

***Q: Are there parasites in higher densities and predators?***

**Thor Han:** The less you evolve in frequency the less is the destructive energy present, I explain, destructive behavior that fuels the predators but as well anything that is harmful to life, this destructive mind is nourished by lower density, lower frequencies. As you evolve, these tendencies disappear. Sometimes, reactional behaviors such as anger, sadness, frustration can occur, but it is reactional, and it dissolves very quickly because it cannot strive very long in a higher density. I was angry last night, the way I spoke earlier was hard, but my anger dissolved as soon as expressed, it did not linger. In lower density, it lingers and destroys everything. In higher density, if you express anger for something, anger resorbs as soon as expressed, sadness also because we know the beauty of source, we know the beauty of life and we know the beauty of light that nourishes us. These things, namely beauty, this erases everything, this is soothing everything. The parasites are living beings as well, we think they are parasites, but they don't think they are, they think we are predators. They are living things. If we hate them we are creating a dissonance and in their contact it makes both of us sick. The war starts and the best will win, the strongest. We call a species "parasite" whatever the size of it because we are in conflict with them but if a conflict stops, love, respect and communication replace instead, the other species stops to be a parasite for us and a dialogue occurs, this is why in higher vibration there is no such a thing as "parasites" because all potential harmful species are treated with love, and because love is the prominent energy, there is no conflict between species of the same vibration and on the same level. There are micro-organisms which in the lower frequency would be harmful but because love is the main substance of everything, we do not become sick at the contact of these bacterias.

***Q: What is the difference between 3D animals and higher density animals?***

**Thor Han:** The more a being evolves in density the calmer it is and less instinct of blood are apparent as you will, you will have total repulsion for blood and flesh, this is your future. I am sorry this is the moment of truth tonight, I am speaking my heart without any sweetness, you need to get off eating blood and flesh because whatever you eat modifies your energy field in this vibration, if you eat a dead body, a corpse of an animal, the vibration of suffering and death will lower down your energy field, and you will be less able to communicate with us or move into a higher frequency. I know a lot of you like to eat dead flesh, you will not be sick or die for eating dead flesh but just be aware that this is altering your evolution and your growth, this is only my knowledge of it.

***Q: Here on earth we have this thing called cheese and cheese is made from the milk of cows and goats, does the suffering of the cow also go into that cheese?***

**Thor Han:** If the milk is extracted with respect and love from an animal that is happy, healthy and relaxed, any products made with this milk will be nourishing and not harmful for your density evolution.

***Q: Does your physical body remain on 3D Earth when you move to 5D?***

**Thor Han:** No, there is a misunderstanding. Shifting into the fifth density from the third density meant really everything shifts, matter as well as Aether. Everything shifts, so when everything shifts in the fifth density, the body also does, this is when we speak about the evolution of your planet. When the light being, the true being, the eternal being, if it is not yet in the fifth density it shifts into the fifth density, it can stay incarnated in the third density body if the planet is still in the third density body. But if the planet moves into the fifth density level, every life on it will and everything else which is in the fifth density will be then visible, when you have a situation where there is a fifth density being within a third density body that means the environment is still at the third density level, when the planet shifts everything shifts with it. Now on the planet it is quite unequal, but you are at the edge of the fourth realm, the fourth density. The fourth density is a very fast transition but first the dark must be removed, you cannot fly if your feet are tied up to the ground to something that is sticky and muddy.

***Q: Many people meditate when it's a full Moon.***

**Thor Han:** The reflection of the light on the surface of your Moon increases the energies on Terra but the attraction, the gravity pull although slightly stronger doesn't affect the qualities of the meditation, it is just the light that is reflected on the mineral surface of your satellite that acts upon the energies, not the gravity, it is the Sun, your starlight that reflects and bounces off the mineral surface of your satellite, this is what the full Moon as you call it is the maximum of light reflected, it is the transformed Sunlight that magnify energies same as doing your meditation under your star Sun, so it is as you do meditation under your Sun star, but it is beautiful, and it is very inspiring, it lifts your soul because it is beauty, beauty is a portal inspiring your being towards other realms.

***Q: Do you have any knowledge about Seraphim?***

**Thor Han:** I heard this name mentioned in the archives, it is the way you call certain light beings in the galaxy, it is a name you created on Terra. There are different hierarchies of galactic beings who are not part of any star system, such as what you name angels. There is a hierarchy directly linked to source, via the center of your galaxy which is a vortex. The guardian of the vortex of Source is a pure consciousness that has no shape, his name is Metatron, and he is a geometrical moving shape, a concept, a consciousness. Under him are other light beings but these, as you go down the hierarchies they take different shapes which could be very surprising, normally they are spherical, always geometrical. Seraphim are one of the species of these beings, they are entities and consciousness.

There is a lot of misunderstanding with the word angel, you can call these galactic entities angels, they work upon the good balance of the galaxy, they are the guardians of Nataru, of this beautiful galaxy of ours. You have one per star system, one per inhabited planet anywhere where is life. The one who looks upon your planet is a magnificent being, I've had twice the honor and privilege to see, his name is Kryon, you all know him, this being you can call him angel, he is one of these consciousnesses, he looks after your planet, its energetic health, he protects you all and he loves you with unconditional power. Each planet that holds life even the slightest bacteriologic life has a guardian, you call them angels. There is a myth on your planet about angels, humanoid forms with wings, this is now a misconception. Some Terrans have seen the real beings which manifest in orbs of shiny light, like spherical fire, shining very bright but not burning. This is plasma. Some have experienced tall blonde humanoids coming in beams of light from the sky, this was us. We are no angels, we've been among you since a very long time, only we look like angels. Imagine your ancestors, in very primitive societies seeing one of us visiting, they would fall on their knees and pray all their gods, thinking we are of their godly realms. They would call us angels. They depicted us with wings because we come from the sky. No one has wings, the Carians and Kurs they have wings, but there are different species, they do not interact physically on Terra.

***Q: Do the Blue Avians have wings?***

**Thor Han:** You may refer to the Carians who are ancient species from our Lyra constellation, from the Daran system, and they are very benevolent beings, but their wings are blue, and their bodies are blue, they transformed. It was a species, believe it or not, of Laan, the feline humanoids. They found a planet to colonize and they needed to breed genetically with the local specie; they chose the strongest genetic species which was birds. Genetically, after a few generations, they created hybrids, and they could leave their ship and settle on this planet. These are the Carians. Avians is a very funny names because it speaks about egg layers. They are not appearing physically, they have never done this. They are members of the Federation and help you a lot by contacting beings on Terra psychically, giving messages, helping knowledge to be spread, helping to activate many Envoys. The Carians are doing a tremendous work with the Federation to help you; there are beings animated by unconditional love.

Now I have an important message: If anyone listens to this and if anyone says anything to upset Elena, pretending that all what I said is lies, and say negative words against her, I will personally take care of these persons, I am just saying this. May the light be in your hearts. Do not forget to laugh, love and see the beauty that is all around you and within you, because it is in seeing the beauty that you will move forward in the future you are creating now. You are much more powerful than you have been made believe, you are much more powerful than you think. Your education system was made to block you, but now you've awakened, you cannot stop the process, what is known cannot be unknown, we are very proud of you all, continue, we will be always here for you.