

Sept.17.20 ~ Transcript by Sam Mast

## THOR HAN

Anchoring the Future / What the GFW is doing for Earth / First Contact / Shapes of ships /  
Zenate origins / Intuition.

### Message

**Thor Han:** Today my message is, do not listen to what causes you fear, do not listen to what causes you confusion, anxiety, doubt, this belongs to a pattern that is disappearing slowly, a whole continent sinking into the ocean of change. You now have reached the tipping point in numbers since a while, but you are not supposed to know because they will not let you know. you are winning already with love and trust in your hearts, this is a beautiful future ahead which is already anchoring in the present. You are building it because you are building yourselves, you have awakened and those who have awakened, awaken at their turn the others, it is a new dawn, a new light, a new star, a new morning for your species. The night on every world in this universe is always darker just before dawn, this is where you are, the first rays of the new dawn are pointing at the horizon of your lives, trust, look at this life, look at this morning, this light is this new life, do not turn back, do not listen the crawling noises of the night that is going away behind you to vanish, dissolved by the rays of the new morning. This is my message: that you must always look ahead to what is coming and what is bright, you can not stop the mornings, you cannot stop the world to spin around its star, this is a universal law as such is the universal law of your evolution, I want you to believe in yourself. You all have the power to create this dawn within you, this is just the beginning.

**Q:** *Many people don't believe in ET's. They say if they existed they would be really helping us. Can you explain what you are doing so that people understand that you are not allowed specifically help in ways that would affect free will, but you are helping in so many other ways.*

**Thor Han:** First I must say that you are not ready to openly see us helping you because your species is still torn in conflict and must grow, still, for being able to witness a definite open contact. We spoke about this already. Although I have faith in you, some don't believe in us but we believe in all of them. We are helping Terran species since a very long time, we have tried to warn you not to sign agreements with the Nebu Alliance of Orion, you did it. Then we used a different tactic, we went behind the scenes contacting key people personally, scientists, politicians, technicians to provide them with knowledge, to help and keep you safe. But not the whole knowledge, just hints because you are the ones who need to find the keys. I may explain this because I have been hearing this problem already, my heart pounces fast when I think about this because I know all the efforts we've been doing, and I could have died many times protecting your world. Thankfully I didn't, but many others have lost their lives for you, this is a point. What is happening is that you are growing, you are coming out of your third density shell, you are coming out of it as more activated beings, not ready yet for contact, but you are coming out, and you are going to keep on doing this, we can not haste any process of transformation, we cannot pull a blade of grass to make it grow faster, we cannot pull the Sun to shine faster in your sky.

Every process, every transformation is something very singular, very lonely, it is inward. We cannot grow at your place you have to do it yourself. Understand, open consciousness, this is a natural process. You were invaded so many times, and so many times we fought back the predators who want to exterminate you, you do not know this because you are not ready to know. We are fighting hard behind the scenes, invisible. Sometimes you see us, but we are doing our best, in the best of the rules and the laws of ethics of the galaxy. If we provide you with the most wonderful knowledge now, if we merge with you now as member of our Federation, you will have learned nothing, you will have not grown, you will enter a Federated Alliance of Peaceful Worlds bringing with you inner conflict, fear, doubt, envy, jealousy, ego, all these things that you haven't yet tamed, so we cannot even if we wanted, with all our heart, unless you heal all your wounds, we can't let this happen. So we are supporting you that you grow faster in many different ways, and we have split the tasks. I am part of the military protection of Terra, for now I have other tasks but for long years, not very long for me but long at your scale, I have been in the part of the active protection which means avoiding you fatal catastrophes of many sorts, disabling your weapons, avoiding explosions of your power plants, disabling missiles to take off when they were holding bad charge, we have been working invisible and if we weren't here now, you would cease to exist, you wouldn't be here. I wonder even if this planet would still be able to harbor life.

We are here for you, we are helping you, but we will not land on Terra showing up all our ships with big apparatus and lights, and say, "hi, we are here, and we are your brothers from outer space!" We will not do this unless you all federate in peace on your planet first, this wouldn't be the solution, if we would land now, on your planet, in the state it is at the moment, it will not help. We are not here to save you because you will learn nothing, you will not grow, and other predators will come and do the same over again. Instead, we are supporting you so that you grow yourselves, and you reach our level and join a peaceful alliance. You are not a peaceful culture, certain of you are but not all. This is not done yet, you need to overcome your problems. We are supporting you, we are holding everything we can hold invisible, keeping our common enemies at bay, healing the underground of your planet, rescuing prisoners, slaves, but this is not a topic my superiors want me to talk about. I will now tell you about what they want me to talk about, this is the part of the message I delivered earlier:

Turn your attention towards the future. Do not try to know what is happening in the lower matrix of the third density, it is not your concern because you are leaving it. If you focus on the third density matter seeking answers in it, you will remain in it. If you keep your interest on the matters of the third density matrix you will stay prisoner of it. Ignore, turn your back to it, if everyone ignores it, it dissolves, it ceases to exist, you have to turn towards what you are heading for, this is your natural evolution. We were talking earlier on about all the races helping, I have spoken about only my unit, there are other many races helping you in different ways, The Council of Five and the Zenate Alliance, they are doing the highest tasks. The Council of Five is a council of five very evolved peaceful races of higher density, five to seven, more ancient than The Galactic Federation of Worlds. They were created, centralized in the Uru An Na, Orion zone, to fight back The Empire of The Ciakahrr and the Nebu Grays. Council of Five were at the start nine races having a common interest to maintain peace in this zone.

From nine, with time they became five. They are working as a separate entity to maintain peace in the galaxy, picking worlds of first level, before interstellar travel capacity, endangered by predators. They try to help and they have their own special way of helping. They will help in the case of Terra, like many other worlds, but it is not always the same method because it is not always the same threat, on many different worlds. There are third and fourth density predators, who are tying down the species they want to enslave. The Council of Five helps these threatened indigenous species to rise above the predator's frequency, speeding up the process of evolution. They will help the local species to activate faster, they will speed up the natural laws of evolution, this is a bit conflictual with the federation laws, but I have to say, me, who you know I am not a diplomat, I love ways of The Council of Five because they take people, of certain bloodline,s that have capacities, and they activate the missing DNA. There are little sticks, *Nona* in our language is Codon, they activate this and then your frequency rises very fast, and generation after generation, the species is being activated. Sometimes, they put their own genes to go faster, then the species activates and do the work themselves, nobody will do the work for them. They will be more activated.

The Council of Five speeds up the evolution of the species by activating them, then the Zenate Alliance from Zena in a place you name Andromeda, not the galaxy, the place of constellation, they have created a group of the most evolved races in the galaxy, they do differently, they are working on Terra differently. They connect with Terrans who have been activated and either able to connect with higher density beings or either receive a higher density soul which is from extraterrestrial soul matrix. The Zenae Council will connect with individuals who are activated enough to be able to hear them in contact, and they will send them downloads of information. Once they have contacted someone, if it works they will not stop, and it becomes like a waterfall flowing through this person, and this person has then the task and the duty to help their species by telling the information. This information is sent by visions, codes, symbols who contain in themselves a lot of information. There are keys to decipher, but it is not a language, it is sound, color and light at the same time. It triggers connection to higher knowledge, this is what it does, some are calling these codes, I think it is a right translation.

The federation helps as well, but it is more in a tactical and action way, so there are three different entities I suppose who are helping in their way and even within the federation we have 12 main species, there are more than this as you know, 12 main prominent species who help as well in different ways. Ohorai you know them under the name Arcturus or Arcturian, the Ohorai, they are amazing for you, they are devoted and have unconditional love for your species, those who work assigned to your planet, they do as the Zenae do, contacting Terrans but as well incarnating in Terran avatars, in Terran bloodlines, there is an energetic signature that some races will be more compatible with yours to inhabit bodies, it will be easier because we have common genetics, mainly humanoids, the humanoids from the Man system that you call Lyra are the easiest because we share common genetics. The Arcturians, you do not share genetics with them, but the signature is very close to what you are going to become when you will evolve fully activated, you will be like them, so it is quite easy. Humans of Terra in the future will be a very interesting species, beautiful, unique because of all your races, in probably a million years, will be only one. You will have all mixed with each other, and it will blend in one.

We made models to figure out what you will look like, there are many solutions, and they're all beautiful because you are a beautiful species in your diversity of shapes, colors, facial features, hair, sizes, eye colors, and as it will blend in one you will start to see the disappearance of visual differences, and conflict with ease as well, but you will reach a state of peace before, do not worry, you are in a good way for this. I know some of you may be very disappointed to know that we will not land openly in probably this century because it is not about you, who are listening, it is about your species. I know you want to see our ships.

We cannot uncloak to a lower density, we need to stay in our density, and you need to grow to higher density to be able to see us. If we lower down, we put ourselves at risks, we will not do that. Now everyone who rises density starts to see our ships because they are cloaked by an energy density shield, it is very, very fine, very delicate, very small, we just make a shield of vibration very different but still very close that you just cannot see it because it vibrates faster. If yourself rise your frequency to a faster rate you will see our ships, but it is us to stay where we are and you to go and meet us by rising your frequency. Some of you can see us, some others cannot, we will not land for everybody to see which means merging down with the matrix that ties you down, we will not do that, it is dangerous for us, this is selfish to want us to lower down our density to come and meet everyone publicly. This is common sense.

***Q: So how some people that are in the third density are able to see UFOs?***

**Thor Han:** Usually they are not your friends because your enemies do not have always interest to cloak, they do not care most of the time, they cloak only when they feel threatened by your army, so most of you call them UFO. Sometimes some Terrans can see our ships, but they need to be in a higher frequency, in a higher state of consciousness, if they raise their consciousness to a higher level, if they shift to another state of sentience then they meet us, they see us. It is all about rising your vibration and that works for everything, sat on the top of a hill, on the shore, just do it and look up, you will see a lot.

***Q: Describe please the shape of the Pleiadian ships***

**Thor Han:** Discoidal, you have different variants. Patrol ships can travel through your solar system but not at the speed of resonance that you call warp, are discoidal with a dome above and a small protuberance under. They are silver-white. They go into cargo ship for long distance warp travels. These cargos are tubular and very big. When you see one tubular ship in your skies, it comes from very far. Our stations are enormous, like spindles, one reversed like discoidal but with protuberance on the top and on the bottom, it is a very complex shape.

We can travel different ways as well with our consciousness, we do not travel physically, this is different, this is called light ship. These light ships are an extension and a modification of our energy field that we crystallize into a vessel. You need to reach a certain level of consciousness to do this, certain of you can do it, they have been enabled and activated to do this. At one stage, you can all do this because it is in your natural capacities. You have your own geometrical shape which will allow you to travel interdimensionally, using your consciousness and resonance. Merkaba is one of the shapes, there are many others such as sphere, lozenge, cube, pyramid etc.. The merkaba is similar but in a much complicated way.

Everyone can create its own regarding its energy field, merkaba works very well, it is the easiest and the safest for you to use at the moment, so use this because you do not have experience in the matter. If you feel you can do it, merkaba is the safest, you will not get lost in space because you will not travel physically. If you lose focus you will be brought back home straight away, so don't be afraid.

***The Zenaë race was originally from the Lyran area or the Man area.***

**Thor Han:** Very long ago they were a colony of the Man system in Lyra, before the Lyra wars, the Man wars occurred. Before the attack, the Man races were already very old, and we had colonized a lot of worlds already and Zenaë was one of them, so this is exact information. The Zenaë are a former Man colony.

**Q: How can someone improve their intuition because over here as a human sometimes you're unable to identify this information that comes through, that if it's the higher self speaking to me or is it a different entity speaking to me?**

**Thor Han:** When someone of your race Terrans race, has been chosen to transfer information to others, this is done when the subject is totally protected from dark entities and the very fact that the connection with the higher being exists, means that the subject is connected to the frequency of the higher being, and himself or herself is already in a higher frequency. So the dark entities cannot even see this person. You want to know if you are receiving a dark entity or a higher frequency one, this is a tricky thing to discern. The dark entity will usually spread fear, confusion, it will tell you scary predictions or too idealistic and unreal, not possible. They will take your dreams and play with it, they will tell you what you need and want to hear.

When an Ohorai or Zenaë connects with a subject, they will not give predictions or dreams, they will send information. This information will be encoded, and it will not use the dreams of the subject to mislead the subject. The subject will feel love and peace in an extended state of consciousness, connected to everything. Love is the key. A dark entity will never give you love, they do not have this vibration in their encoding, so this is maybe a way of differentiating them. About intuition, you want me to tell you a secret? You as a species, the day you are activated fully, you do not need to channel. Intuition is connecting, because you connect yourself, the day you are activated, you are yourself anchoring and plugging into the universal knowledge, into Source. Source is not only energy and light, Source is knowledge. You plug into it because you plug into yourself, you become the portal, you become the recipient and the transmitter of the higher knowledge. If you want to accelerate the process, connect yourself with Source, connect yourself with yourselves, you have all the keys, the keys are all the little parts of your DNA, of course The Council of Five is activating you as much as they can, it is their task, but you have a task as well, that is to help it by believing, by knowing that you have access to this knowledge, you have access to your power, it is in you, and you know how you can activate it, by giving yourself love and energizing it through your whole avatar. Your avatar will rise frequency and at each rise of frequency the DNA activates a little bit more, because the rising of frequency goes with DNA activation, the two processes go with each other, they are not separate, so if you raise your vibration you will access, you will go closer to this access to the knowledge, and you will not need downloads fearing to be connected with dark entity.

The most you elevate the most you are protected from them. I repeat all the time the same thing, you need to focus on one thing, you have one job human species: raise your frequency, this is the key to everything. Now you rise it, do not turn back downwards to the third density lower frequency, turn up to a higher rate of consciousness, to the future that awaits for you that you are creating, do not turn back, ignore the fear, do not give into fear, that is the way they manipulate you, by false information. This world is crumbling down, some are assigned to work at it, but it's failing. You need to strengthen your focus on the light, on joy, unity, they are trying to separate you, confuse you, races, genders, cultures, religions, politics and everything behind. This is not part of the new world, this was part of the old. In the new world that you are creating, there is no more conflict, races are one, religion has no more dogma, politics are turned toward the same aim: the greater good of the species. Cultures keep their diversity and share it as a common receptacle, this is the world you will have tomorrow with the free energy.

The free energy is something that as well we need to talk about, this universe is filled with free energy, the air you breathe, the light you see, even your consciousness. The brain in your avatars produces energy. Your bodies, everything. In the air you breathe there is a force that if harvested is free for everyone and a small little cube that could hold in your hand could power your whole planet. This, you have the keys, we gave these keys to technicians and scientists, third-dimensional institutions have killed them and destroyed their work, but we are keeping on doing it, and we will succeed, and we are succeeding because now this knowledge has been sent by channel, by contact to more and more and more individuals until this knowledge becomes universal.

Everyone now starts to see the same designs and patterns coming out of different people who receive the same pictures, the same devices' blue prints and their uses, we are sending this now to individuals, we are sending you the keys to build free energies and this will not be stopped by the lower ones because it comes from above. We want you to be free and when you will figure out these drawings, this will be very good, by the time you use this free energy it can be very soon but not more than a century, it will depend on how fast we will get rid of your ancient patterns, institutions which are very heavy, all the things we are not talking about, we are fighting it, we are destroying it, helping you destroy it. When that is done, the knowledge is free, the energy is free, everyone will have food, roof, heat, light and a currency that will be common and free, flowing, but this as well I may not speak because it is you to find.

***Q: I was sent sentences in English, so you tell me what they sound like in Taami Language. Specifically with the first one you can't mess it up, Elena has a beautiful soul.***

1. **Lena horaninin'ama** - Elena has a beautiful soul.
2. **Shanai aganai hemahin** - Your planet is precious and unique.
3. **Dgi ogurnaini orubaka** - Your second Moon is a ridiculous rock.
4. **Ora kimaya konunda** - Meditation and love are the answer.

***Q: This language sounds like the language in the movie Avatar.***

**Thor Han:** Movie entertainment avatar, no this sounds interesting, many of your entertainment industry has been influenced by the good and the bad side.

**Message**

**Thor Han:** I need to say something, I want to add an explanation of the new directives of my superiors. We decided, and I agreed with her, my high commander, that we will not for the work we do answer questions related to the liberation of Terra from the matrix and the operations of the Federation because this is maintaining you in third density matter. We wish you to rise in frequency as quickly as possible, so you need to focus your attention on how to do this and what is happening beautifully everywhere in the galaxy, that you can copy and be inspired by it. This is not a decision to retain information from you, you will get information from other persons, but know that when you dwell in the frustration of really wanting to know about the third-dimensional matrix matters, I like that now two words are coming together, you are trapped, the persons who tell you about these matters help you stay stuck into the third-dimensional density, instead, our high commander took the decision that we would tell you only about matters to focus your attention on your ascension and your task, remember you have one job, raise your frequency.